

Smooth

Covering

Pimpled

Table tennis

When athletes come together from around the world to compete in the Olympic and Paralympic Games, they are fulfilling their dreams and competing at the highest level. Billions of people across the globe join in; watching, listening to and reading about the greatest global celebration of sport. To celebrate the London 2012 Games, the British Council is making a wide range of classroom resources available for learners of English worldwide.

Table tennis started out in England in the 19th century as an after-dinner game. Nowadays it is a high-tech sport with more than 40 million competitive players, making it the most popular sport in the world. Since it became part of the Olympic programme, China has dominated, winning all but four of the gold medals. Have you ever played table tennis? Have you ever played it in a competition?







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1. Vocabulary

a. Write the correct words in the spaces provided.

a. Player	b. Racket	c. Backspin
d. Sidespin	e. Referee	f. Pimpled
g. Assistant	h. Smooth	i. Covering
j. Table	k. Court	l. Topspin









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2. The rules of Table Tennis

- Table tennis is played on a rectangular table. There is a low net across the middle of the table which divides it into two courts.
- Players stand at each end of the table.
- When the game is between two players, it's called 'singles'. If there are four players, it's called 'doubles'.
- The players hit a small, light ball to each other. They hit the ball with rackets made of wood covered with rubber. The rackets can be any shape, weight or size, but they must be made of wood and rubber.
- To start the game, one player hits or 'serves' the ball. The other player tries to hit the ball back (or 'returns the serve').
- The ball must go over the net and land on the opposite court.
- When players hit the ball to each other, it's called a 'rally'. The rally continues until a player misses the ball, hits it into the net, or off the table.
- The aim of the game is to hit the ball so that the other player misses it.
- Singles matches are played over the best of seven games. The first player to reach 11 points wins each game provided there is a margin of two points.
- Team matches are played to the best of five games.

a. Match the words in the table with their definitions below.

a. Doubles	b. Net	c. Racket	d. Rally
e. Serve	f. Singles	g. Table	

- 1. A continuous exchange of hits between players.
- 2. Games played between two players.
- 3. Games played between four players.
- 4. The area where the game is played.
- 5. The rectangular piece of material made from string which separates the two courts. In table tennis it is 15.25 centimetres high.
- 6. To hit the ball to the other player as a way of starting the game.
- 7. What the players use to hit the ball.



3. Questions & Answers

Table Tennis? Why play tennis on your table? Tables are for eating dinner! Well, at first, people did both. Table tennis began as an after-dinner game in England in the 1870s.

Aha! So what did people use for a net?

At first they stood a row of books across the middle of the table.

And the racket and ball?

One story says that they used books to hit a golf ball from one end of the table to the other.

That can't have been good for the table - or the china.

True - I think they cleared the table before they started the game.

Any other stories about how Table Tennis began?

Yes, another story says they used cigar boxes as rackets and champagne corks as balls.

So it was an upper-class game for drinkers and smokers?

That's how it started. But now it's the most popular game in the world.

Really! How did that happen?

Well, they began making wooden rackets in 1901 and they introduced the celluloid ball. Then they added a rubber surface to the racket - that meant you could spin the ball, so the game became more interesting.

And you didn't need to open the champagne each time you wanted to play?

Correct.

Is table tennis the same as Ping Pong?

Yes - it also used to be called Wiff Waff and Flim Flam - because of the sound the ball makes as you hit it.

So when did it become an international sport?

The first World Championships were in London in 1926. Then it was included in the 1988 Olympics. Since then, China has won 20 of the 24 possible gold medals. In the 2008 Games, the Chinese beat every other player in the Games - they wiped the floor with them!

Or could you say they cleared the table?



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a. Which phrase does each of the numbers refer to?

- 1. What was the other name for Table Tennis?
- 2. What was used as a ball?
- 3. When was Table Tennis first played?
- 4. What time of day was it first played?
- 5. Table Tennis became popular when:
- 6. Table Tennis became an Olympic sport in:

- a. Pong Pong
- b. Ping Ping
- c. Pong Ping
- d. Ping Pong
- a. a champagne bottle
- b. a champagne cork
- c. a cigar box
- d. a cigar
- a. the 1780s
- b. the 1980s
- c. the 1890s
- d. the 1870s
- a. during dinner
- b. before dinner
- c. anytime
- d. after dinner
- a. wooden rackets were made
- b. champagne became cheaper
- c. it became an international sport
- d. it was too rainy to play tennis outside
- a. 1926
- b. 1988
- c. 1901
- d. 2008

b. Write the correct word into the sentence.

a. won	b. used	c. began	d. included
e. wiped	f. became	g. stood	h. meant

- 1. Table tennis ______ as an after-dinner game.
- 2. They ______ a row of books across the middle of the table.
- 3. They _____ cigar boxes as rackets.
- 4. A rubber surface ______ you could spin the ball.
- 5. The game _____ more interesting.
- 6. Table tennis was _____ in the 1988 Olympics.
- 7. China has _____ 20 of the 24 possible gold medals.
- 8. In the 2008 Games, the Chinese ______ the floor with their opponents.



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4. Solution

Exercise 1a

1. a; 2. c; 3. d; 4. l; 5. i; 6. h; 7. f; 8. b; 9. e; 10. k ; 11. g; 12 j

Exercise 2a

1. d; 2. f; 3. a; 4. g; 5. b; 6. e; 7. c

Exercise 3a

1. d, 2. b, 3. d, 4. d, 5 a, 6. b

Exercise 3b

1. c, 2. g, 3. b, 4. h, 5 f, 6. d, 7. a, 8. e