**Her Kind**

By [Anne Sexton](https://www.poetryfoundation.org/poets/anne-sexton)

I have gone out, a possessed witch,

haunting the black air, braver at night;

dreaming evil, I have done my hitch

over the plain houses, light by light:

lonely thing, twelve-fingered, out of mind.

A woman like that is not a woman, quite.

I have been her kind.

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Please find the rest of the poem in the internet or an anthology and read the rest of the poem. Read at least three times and provide following information for the poem:

|  |  |
| --- | --- |
| Persona: |  |
| Tone: |  |
| Mood: |  |
| Figures of Speech: |  |
| Most striking images: |  |
| Meter/ Rhyme Pattern: |  |

 Notes/Questions for You

Just like Plath did, Sexton introduced social themes into her confessional poems. Her kind might be considered under this light. Both Plath and Sexton lived in well-off and intellectual circles. Yet both suffered from the traditional roles they were charged with. So, once again, personal is political.

After reading her bio, what autobiographical elements can we detect in the poem?

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What elements in the poem take it above a simple autobiographical poem?

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Can we consider this poem confessional?

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