

## **Kaynaklar**

- 1.** NUTRACEUTICALS, THE COMPLETE ENCYCLOPEDIA OF SUPPLEMENTS, HERBS, VITAMINS, AND HEALING FOODS, Arthur J. Roberts, Mary O'Brien, Genell Subak-Sharpe, The Berkley Publishing Group, 375, Hudson Street, New York 10014, 2001, ISBN 0-399-52632-3
- 2.** HANDBOOK OF NUTRACEUTICALS AND FUNCTIONAL FOODS, Ed. Robert E.C. Wildman, CRC Press, London, 2001, ISBN 0-8493-8734-5