

### Supporting Vulnerable Babies and Young Children:

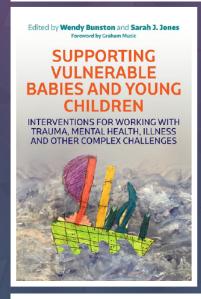
Interventions for Working with Trauma, Mental Health, Illness and

Other Complex Challenges

Edited by Wendy Bunston and Sarah J. Jones

**AUSTRALIAN AUTHORS** 

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The diverse challenges that clinicians and children's workers face when tasked with safeguarding babies and young children are complex. This unique book looks at effective, practice-based and evidence-informed approaches to working across a wide range of issues.

It outlines relevant theory and good practice, gathering case examples from around the world to illustrate what interventions look like in direct practice. Leading contributors address a wide range of challenges, including babies and very young children who have a serious illness, have complex diagnoses, or have been exposed to violence or adversity in early childhood.

This is an essential guide for those who work to support and safeguard the welfare of babies and very young children, including professionals in health care, social work, mental health and child protection settings, as well as paediatricians, child psychologists and child psychiatrists.

Jessica Kingsley Publishers

Pbk | 312pp | 9781785923708 | 2019.09 Jessica Kingsley Publishers <del>A\$52.99 | NZ\$63</del> SPECIAL PRICE A\$45.04 | NZ\$53.55

#### **ABOUT THE EDITORS:**

**Dr Wendy Bunston** has been working with children in recovery from family violence for over 25 years. She has won several Australian Crime and Violence Prevention Awards and most recently was a 2019 finalist in the Victorian Premier's Awards for Health and Research. Wendy is a senior trainer and consultant, an associate lecturer at La Trobe University and a member of the Australian Association of Infant Mental Health. She is based in Victoria, Australia.

**Sarah J. Jones** is a Senior Mental Health Social Worker, Psychotherapist, Trainer and Supervisor. Her consultancy work extends to hospitals (both public and private), ranging from Maternal and Child Health to Palliative Care. She has published widely. She is based in East Melbourne, Australia.

#### REVIEWS:

"This book is an invaluable resource for everyone interested in infant mental health... Most impressively, it keeps its focus firmly on the infant and young child, emphasising that their needs and experience cannot and should not be overlooked."—Biddy Youell, Child Psychotherapist, Tayistock Clinic.

"I love the book! It is filled with richly detailed case studies and much wisdom!"—Julie A. Larrieu, Ph.D., Tulane University School of Medicine, New Orleans, Louisiana, USA.

"The book is amazing and so beautifully written."—Deborah J. Weatherston, Ph.D., Alliance for the Advancement of Infant Mental Health, USA.

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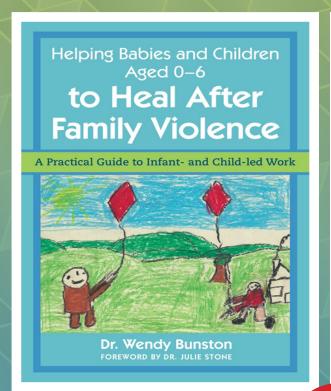
## Also by Wendy Bunston

# Helping Babies and Children Aged 0-6 to Heal After Family Violence:

A Practical Guide to Infant- and Child-Led Work

By Wendy Bunston

**AUSTRALIAN AUTHOR** 



After family violence, very young children and babies benefit from child-led therapy, but how do you achieve this? Dr. Wendy Bunston's guide is here to help you to meet the emotional needs of children who are experiencing trauma, and to enable them to form healthy attachments, both within their families and beyond.

As well as clearly explaining the consequences of domestic violence on young developing brains, this book demystifies the practicalities of working effectively with children in their earliest years. Examining real-life cases, it notes the distress that arises when a child is separated from his or her family, advises on the importance and complexities of children's attachments, and shows how to support playfulness as an essential part of children's healthy personal development. Instruction is provided on how to include all family members in the healing process, including the perpetrators of family violence, in a positive way to improve children's chances of recovery.

Dr. Wendy Bunston's unique approach to therapy and care, based on over 25 years' professional experience, promotes the viewing of cases from a 'child-led' perspective. Pragmatic, empathic and accessible, this book will be essential reading for anyone working with those affected by domestic violence.

Jessica Kingsley Publishers

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#### **REVIEWS:**

"An exceptional resource for practitioners working at the front line of family violence services. Strategic, particularly accessible - a powerful message of hope."—Dr. Richard Fletcher, Associate Professor at the Family Action Centre of the University of Newcastle.

"A long overdue and highly accessible contribution to the field of family violence that addresses the previously neglected needs of its youngest victims ... A hands on repertoire of therapeutic interventions that will prove invaluable to both early career and seasoned clinicians alike."—Fiona True LCSW, Co-Director of the Center for Children and Relational Trauma at the Ackerman Institute for The Family, New York.