

The importance of plants

Plants as food



Cereals

- **crop plant with edible grain:** a plant belonging to the grass family that is cultivated for its nutritious grains.
- Cereals include oats, barley, rye, wheat, rice, and corn.



Rye



Barley



Wheat



rice



Root crops

- **crop grown for its edible roots:** a crop grown for its edible roots, for example, turnips, potatoes, or sugar beets



Sugar beets



Potatoes



Turnip



**Cassava =
tapioca**



Legumes

- a plant that has pods as fruits and roots that bear nodules containing nitrogen-fixing bacteria.



Soybean



Alfalfa



Fruits/ vegetable

- Fruits-**edible part of plant**: an edible part of a plant, usually fleshy and containing **seeds**



Vegetable - any plant with edible parts, **especially leafy or fleshy parts**

Spices and herbs

- **Spices**-aromatic plant substance used as **flavoring**: any of various aromatic plant substances such as nutmeg and ginger used as flavorings
- **Herbs** -seed-producing flowering plant that does not produce woody stems and that forms new stems and leaves each season.

