



# FDE443 SENSORY ANALYSIS

## Lesson-8

**Prof. Dr. Kezban Candoğan**

**E-mail: [candogan@eng.ankara.edu.tr](mailto:candogan@eng.ankara.edu.tr)**

# Factors Influencing Sensory Verdicts

## Psychological Factors

# Factors Influencing Sensory Verdicts

- ✓ The panelists as measuring instruments: variable over time and among themselves, and very prone to bias.
- ✓ In order to minimize variability and bias, the panel leader needs to take into account factors which might influence sensory perception;
  - ✓ The physiological factors
  - ✓ The psychological factors

# Physiological Factors

## Adaptation

- ✓ **Definition:** a decrease in or change in sensitivity to a given stimulus as a result of continued exposure to that stimulus or a similar one.
  
- ✓ In sensory testing this effect is an important unwanted source of variability of thresholds and intensity ratings.
  
- ✓ Types:
  - Cross-adaptation
  - Cross-potentialiation or facilitation

# Physiological Factors

## Adaptation

### ➤ *“Cross-adaptation”*

	Adapting stimulus	Test stimulus
Condition A	H <sub>2</sub> O	Aspartame
Condition B	Sucrose	Aspartame

- ❖ The person in condition B is likely to perceive less sweetness in the test sample because the tasting of sucrose reduces his sensitivity to sweetness. The water used in condition A contains no sweetness and does not fatigue (or cause adaptation in the perception of sweet taste).

# Physiological Factors

## Adaptation:

✓ “cross-potentialiation” or facilitation:

**Condition A**

**H<sub>2</sub>O**

**Quinine**

**Condition B**

**Sucrose**

**Quinine**

❖ In condition B, the observer perceives more bitterness in the test sample because the tasting of sucrose has heightened his sensitivity to quinine.

# Enhancement or Suppression

- ✓ The interaction of stimuli presented simultaneously as mixtures.
  - ✓ **Enhancement**—The effect of the presence of one substance increasing the perceived intensity of a second substance.
  - ✓ **Synergy**— The effect of the presence of one substance increasing the perceived combined intensity of two substances
    - ✓ the perceived intensity of the mixture is greater than the sum of the intensities of the components.
  - ✓ **Suppression**— The effect of the presence of one substance decreasing the perceived intensity of a mixture of two or more substances.

# Enhancement or Suppression

✓ Total perceived intensity of mixture

Situation	Name of effect
$MIX < A + B$ (each alone)	Mixture suppression
$MIX > A + B$ (each alone)	Synergy

✓ Components of analyzable mixture:

Situation	Name of effect
$A' < A$	Mixture suppression
$A' > A$	Enhancement

## Key:

- ❖  $MIX$  = perceived intensity of mixture
- ❖  $A$  = perceived intensity of unmixed component A
- ❖  $A'$  = perceived intensity of component A in mixture



# Psychological Factors

- ✓ Expectation Error
- ✓ Error of Habituation
- ✓ Stimulus Error
- ✓ Logical Error
- ✓ Halo Effect
- ✓ Order of Presentation of Samples

# Psychological Factors

## Expectation Error

- ✓ Information given with the sample may trigger preconceived ideas.
- ✓ Panelists usually find what you expect to find.
- ✓ A series of ascending concentrations: the panelist anticipates the sensation and reports the response before it is applicable.
- ✓ A panelist who learns that a product recall (stale product), there will be a tendency to detect aged flavors in the samples.
- ✓ A beer taster's response to bitterness might be biased if s/he knows the hop rate employed.

# Psychological Factors

## Expectation Error

- ✓ Important for the validity of a test
- ✓ Avoid expectation error: keep the source of samples a secret and donot give panelists any detailed information before the test.
- ✓ Random coding and order of presentation

# Psychological Factors

## Error of Habituation

- ✓ A tendency to continue to give the same response when a series of slowly increasing or decreasing stimuli are presented, for example, in quality control from day to day.
- ✓ The panelist tends to repeat the same scores and thus to miss any developing trend or even accept an occasional defective sample.
- ✓ Solution: varying the types of product or presenting doctored samples

# Psychological Factors

## Stimulus Error

- ✓ When irrelevant criteria, such as the style or color of the container, influence the observer.
- ✓ If the criteria suggest differences, the panelist will find them even when they do not exist.

### *Examples:*

- ✓ wines in screw-capped bottles may receive lower ratings than those served in cork-closure bottles.
- ✓ Urgently called panel sessions might trigger reports of known production defects.
- ✓ Samples served late in a test may be rated more flavorful because panelists think that the panel leader will present light-flavored samples first to minimize fatigue.

# Psychological Factors

## Logical Error

- ✓ When two or more characteristics of the samples are associated in the minds of the assessors.
  - Knowledge that a darker beer tends to be more flavorful, or that darker mayonnaise tends to be stale, causes the observer to modify the response.
- ✓ Solution: keep the samples uniform and mask differences with colored glasses, colored lights, etc.

# Psychological Factors

## Logical Error

- ✓ Sometimes they cannot be masked but may be avoided.
  - ✓ For example, a more bitter beer will always tend to receive a higher score for hop aroma.
  - ✓ With trained panelists: doctoring a sample with quinine in order to produce high bitterness combined with low hop aroma

# Psychological Factors

## Halo Effect

- ✓ When more than one attribute of a sample is evaluated, the ratings will tend to influence each other.
- ✓ Simultaneous scoring of various flavor aspects along with overall acceptability can produce different results rather than if each characteristic is evaluated separately.
- ✓ Solution: present separate sets of samples for evaluation of that characteristic



# Psychological Factors

## Order of Presentation of Samples

✓ Types of bias caused by the order of presentation:

1. Contrast effect
2. Group effect
3. Error of central tendency
4. Pattern effect
5. Time error/positional bias

# Psychological Factors

## Order of Presentation of Samples

- ✓ Contrast effect — Presentation of a sample of good quality just before one of poor quality may cause the second sample to receive a lower rating than if it had been rated monadically (i.e., as a single sample).
- ✓ The converse: a sample that follows a particularly poor one will tend to be rated higher.
- ✓ Group effect— One good sample presented in a group of poor samples will tend to be rated lower than if presented alone.
  - the opposite of the contrast effect.

# Psychological Factors

## Order of Presentation of Samples

- ✓ Error of central tendency— Samples placed near the center of a set tend to be preferred over those placed at the ends.
  - ✓ In triangle tests, the odd sample is detected more often if it is in the middle position.
  - ✓ An error of central tendency is also found with scales and categories
- ✓ Pattern effect— Panelists are quick to detect any pattern in the order of presentation.

# Psychological Factors

## Order of Presentation of Samples

- ✓ Time error/positional bias—anticipation or even hunger for the first sample, to fatigue or indifference with the last.
- ✓ Often, the first sample is abnormally preferred (or rejected).
- ✓ A short-term test (sip and evaluate) will yield a bias for the sample presented first.
- ✓ A long-term test (one-week home placement) will produce a bias for the sample presented last.
- ✓ Discrimination is greater with the first pair in a set than with subsequent pairs.

# Psychological Factors

- ❑ These psychological effects have to be minimized by;
- ✓ **“Balanced presentation”** : each of the possible combinations is presented an equal number of times.
  - ✓ Each sample in a panel session should appear an equal number of times in 1<sup>st</sup>, 2<sup>nd</sup>... and n<sup>th</sup> position.
- ✓ **“Randomized order of presentation”**: the order of combinations has to appear according to the laws of chance.