# FDE 208 Heat Transfer and Thermal Processes

Sterilization

#### Thermal Processes

The inactivation of microorganisms which can cause the spoilage of food products can be named as Thermal Processes.

## The aim of thermal processes

- To inactivate all the pathogen microorganisms in food product.
- To inactivate the microorganism (not pathogen) which has the capability of causing spoilage in food product.
- ▶ To inactivate the enzymes.
- To make mimimum damage to the food itself.

#### **STERILIZATION**

- is a term referring to any process that eliminates (removes) or kills all forms of microbial life,
- The temperature of the treatment is generally greater than 100 C
- The sterilized food products

pH>4.5

Absolute sterilization:

When there is no residual alive microorganism.

- Commercial sterilization:
- All the pathogens and the other m/os which can have spoilage effect to the product can be damaged.
- The temperature of the treatment is higher than 100 C.
- Some heat resistant m/os can stay alive but they won't spoil the product.

#### **PASTEURISATION**

- Pasteurisation :
- A heat treatment with a temperature lower than 100 C to inactivate the m/os.
- The pasteurized foods...



### UHT, HTST

- UHT(Ultra High Temperature) :
- ▶ 1 s, 135–150 C
- HTST (High temperature short time) :
- ▶ 71.7 °C 15–20 s.