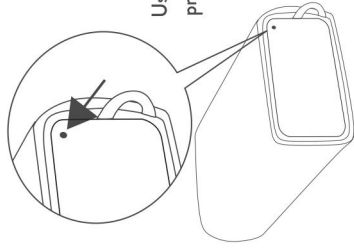
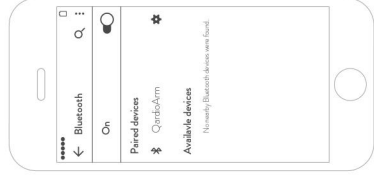


## RESETTING THE PAIRING ON ANDROID

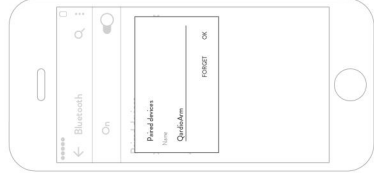
In order to reset the pairing, unwrap the cuff from around the CardioArm to switch on the device and use a paper clip to press the button on the pinhole on the battery compartment hatch. You should see a green light shining through.



If necessary, go into the Settings of your phone or tablet, select the CardioArm and select "Forget this device".



Step 1



Step 2

## ACCURACY TESTING AND MAINTENANCE

QardioArm comprises sensitive components and must be treated with caution. Observe the storage and operating conditions described in the “Technical Specifications” section.

If you can't fix the problem using the trouble shooting instructions, please contact Qardio customer service at [support.getqardio.com](mailto:support.getqardio.com).

We recommend the QardioArm be tested for accuracy every 2 years or after mechanical impact (e.g. being dropped). Please contact Qardio customer service at [support.getqardio.com](mailto:support.getqardio.com) to arrange the test.

## ⚠️ CONTRAINDICATIONS

It is not recommended for people with serious arrhythmia to use this blood pressure monitor.

## ⚠️ CAUTIONS

Self-diagnosis of measurement results and self-treatment are potentially dangerous. You should always consult your doctor.

People with severe blood flow problems, or blood disorders, should consult a doctor before using the blood pressure monitor as cuff inflation might cause internal bleeding.

Complicating factors such as common arrhythmias, ventricular premature beats, atrial fibrillation, arterial sclerosis, poor perfusion, diabetes, age, pregnancy, preeclampsia or renal disease can affect the performance of the automated sphygmomanometer and/or its blood pressure reading.

If you suffer from an irregular heartbeat, measurements taken with this device should be evaluated with your doctor.

This device may only be used for the purposes described in this User Manual. The manufacturer cannot be held liable for damage or injury caused by incorrect use. Always follow the operating procedures described in this User Manual to measure your blood pressure accurately and safely.

As QardioArm contains magnets, please consult your implantable pacemaker, defibrillator or other device before use. As a general rule, maintain a minimum distance of 6 inches or 15 cm between QardioArm and your implanted devices, or more if so specified by the manufacturer of your implanted device.

- Do not inflate the arm cuff when it is not wrapped around your arm.
- Do not wrap the cuff inside-out.
- Do not apply strong shocks and vibrations to the QardioArm blood pressure monitor, as this may result in damage to the device.
- Do not drop the QardioArm blood pressure monitor.
- Do not expose the cuff and/or the QardioArm blood pressure monitor to temperatures outside the storage or operating range.
- Do not expose the cuff and/or the QardioArm blood pressure monitor to direct sunlight for extensive periods of time.
- Do not expose the arm cuff and/or the QardioArm blood pressure monitor to water, liquids or moisture.
- Do not expose the arm cuff and/or the QardioArm blood pressure monitor to dust or particles.

## GENERAL USAGE, SAFETY AND PRECAUTIONS, CLEANING

- Do not use the QardioArm blood pressure monitor for any purpose other than measuring blood pressure.
- Do not take a measurement immediately after eating, smoking, drinking alcohol, bathing or exercising.
- Do not use the QardioArm blood pressure monitor while operating a mechanical vehicle or in a moving vehicle (e.g. during air travel)
- Do not leave the QardioArm blood pressure monitor unattended around children or persons who cannot express their consent to use.