**PALLIATIVE MEDICINE AND SPIRITUAL CARE**

**ANKARA ULUS STATE HOSPITAL MODEL**

**PROF. DR. ÖZNUR ÖZDOĞAN AND SPIRITUAL CARE TEAM**

In this study, we conductedPalliative Care practices with 20 patients and 40 patient relatives using interview (active listening, bibliotherapy) and focus group meeting methods. In focus groups, themes like loving god perception,patience**,** repentance**,** positive thinking , negative thought fasting, prayer and hope, gratefulness, devotion and altruism were discussed. At the end of the study,positive emotional changes were observed in the patients and their relatives. A belief in the existence of a Lord who controls everything and has the solution to every problem seemed to save the patients from stress factors, suspicions and unnecessary concerns which are likely to complicate the course of illnesses. We concluded that **s**piritual care supports physical and psychological health.A healthy relationship with Creator and giving a meaning to life events yield spiritual power.Spiritual care practices also repair communication problems between patients and their relatives and support a healthy communication.Gratitude and patience keep hope. Spiritual Care practices in hospitals require expertise. For that reason, we suggested that the professionals who will provide spiritual care are required to obtain a master’s degree in psychology of religion at divinity schools.