# Histopathological Diagnosis PREPARATION OF HISTOLOGICAL SPECIMENS

### **CUTTING**

- Using the microtome.
- A microtome is a mechanical instrument used to cut biological specimens into very thin segments for microscopic examination.
- Most microtomes use <u>a steel blade</u> and are used to prepare sections of animal or plant tissues for histology.
- The most common applications of microtomes are:
  - 1- Traditional histological technique:
  - 2- Cryosection:
  - 3- Electron microscopy:
  - 4- Botanical microtomy:

## 1- Traditional histological technique:

tissues are hardened by replacing water with paraffin. The tissue is then cut in the microtome at thicknesses varying from 2 to 25 micrometers thick.

## **2- Cryosection:**

water-rich tissues are hardened by freezing and cut frozen; sections are stained and examined with a light microscope.

This technique is <u>much faster than</u> traditional histology (5 minutes vs. 16 hours) and are used in operations to achieve a <u>quick diagnosis</u>.

## **3- Electron microscopy:**

after embedding tissues in epoxy resin, a microtome equipped with a glass or diamond knife is used to cut very thin sections (typically 60 to 100 nanometers).

Sections are stained and examined with a transmission electron microscope. This instrument is often called <u>an ultramicrotome</u>.

### 4- Botanical microtomy:

hard materials like wood, bone and leather require a sledge microtome. These microtomes have heavier blades and cannot cut as thin a regular microtomy.

These paraffin sections are then <u>placed in a 60°C oven</u> in order to melt the wax which <u>helps to adhere the sections</u> to the slide in readiness <u>for the next stage of staining.</u>

# Parameters used in histological diagnosis of neoplasm

- Gross appearance
- Microscopic appearance
  - histological pattern
  - tumor cell cytology
- Immunohistochemistry
- Histochemistry
- Cytogenetics /molecular pathology
- Electron microscopy

# The Frozen Technique

In this method, the fresh tissues are frozen hardened and cut with a freezing microtome in the cryostat apparatus within few minutes.

• It is a quick and simple method which is commonly used during operations for <u>rapid diagnosis of tumors e.g. carcinoma</u>.

• The chemistry of tissues is preserved because we use no heat and no chemical solvents.

# The Frozen Technique

Can be used in Histochemistry or IHC to demonstrate enzymes and chemical components of tissues.

**Disadvantage:** It gives <u>not-serial thick sections</u> which may fragment into small pieces, so they are <u>very difficult</u> to be stained and to be stored.

# Paraffin-embedded tissue vs Frozen section

	Paraffin-embedded tissue section	Frozen section
Specimens	Fixed tissues	Fresh tissues
Making time	24-48 hours	10-20 minutes
Saving time	Permanent	Months
Morphology under microscopy	Clarity	Opacity
Application	Pathological Diagnosis	Intraoperative consultation

## **IMPORTANT**

- Reporting time: 20 minutes
- Specimen should be sent fresh; without formalin.
- In some case the pathologist may make touch preparation of the received specimen.