

# **Antihypertensive Drugs**

# Treatment of Hypertension: 7 classification

## Categories

BP	Systolic	Diastolic
Normal	>120	<80
Prehypertension	120-139	80-89
Stage1	149-159	90-99
Stage2	>160	>100

## Risk factors

1. Age above 55 and 65 in Men and Woman respectively
2. Family History
3. Smoking
4. DM and Dyslipidemia
5. Hypertension
6. Obesity
7. Microalbuminuria



# Antihypertensive Drugs

- **Diuretics:**

- Thiazides: Hydrochlorothiazide, chlorthalidone
- High ceiling: Furosemide
- K<sup>+</sup> sparing: Spironolactone, triamterene and amiloride

MOA: Acts on Kidneys to increase excretion of Na and H<sub>2</sub>O – decrease in blood volume – decreased BP

- **Angiotensin-converting Enzyme (ACE) inhibitors:**

- Captopril, lisinopril., enalapril, ramipril and fosinopril

MOA: Inhibit synthesis of Angiotensin II – decrease in peripheral resistance and blood volume

- **Angiotensin (AT<sub>1</sub>) receptor blockers:**

- Losartan, candesartan, valsartan and telmisartan

MOA: Blocks binding of Angiotensin II to its receptors

# Antihypertensive Drugs

- **Centrally acting:**

- Clonidine, methyldopa

MOA: Act on central  $\alpha_2A$  receptors to decrease sympathetic outflow – fall in BP

- **$\beta$ -adrenergic blockers:**

- **Non selective:** Propranolol (others: nadolol, timolol, pindolol, labetalol)
- **Cardioselective:** Metoprolol (others: atenolol, esmolol, betaxolol)

MOA: Bind to beta adrenergic receptors and blocks the activity

- **$\beta$  and  $\alpha$  – adrenergic blockers:**

- Labetolol and carvedilol

- **$\alpha$  – adrenergic blockers:**

- Prazosin, terazosin, doxazosin, phenoxybenzamine and phentolamine

MOA: Blocking of alpha adrenergic receptors in smooth muscles - vasodilatation

# Antihypertensive Drugs –

- **Calcium Channel Blockers (CCB):**

- Verapamil, diltiazem, nifedipine, felodipine, amlodipine, nimodipine etc.

MOA: Blocks influx of  $Ca^{++}$  in smooth muscle cells – relaxation of SMCs – decrease BP

- **K<sup>+</sup> Channel activators:**

- Diazoxide, minoxidil, pinacidil and nicorandil

MOA: Leaking of  $K^+$  due to opening – hyper polarization of SMCs – relaxation of SMCs

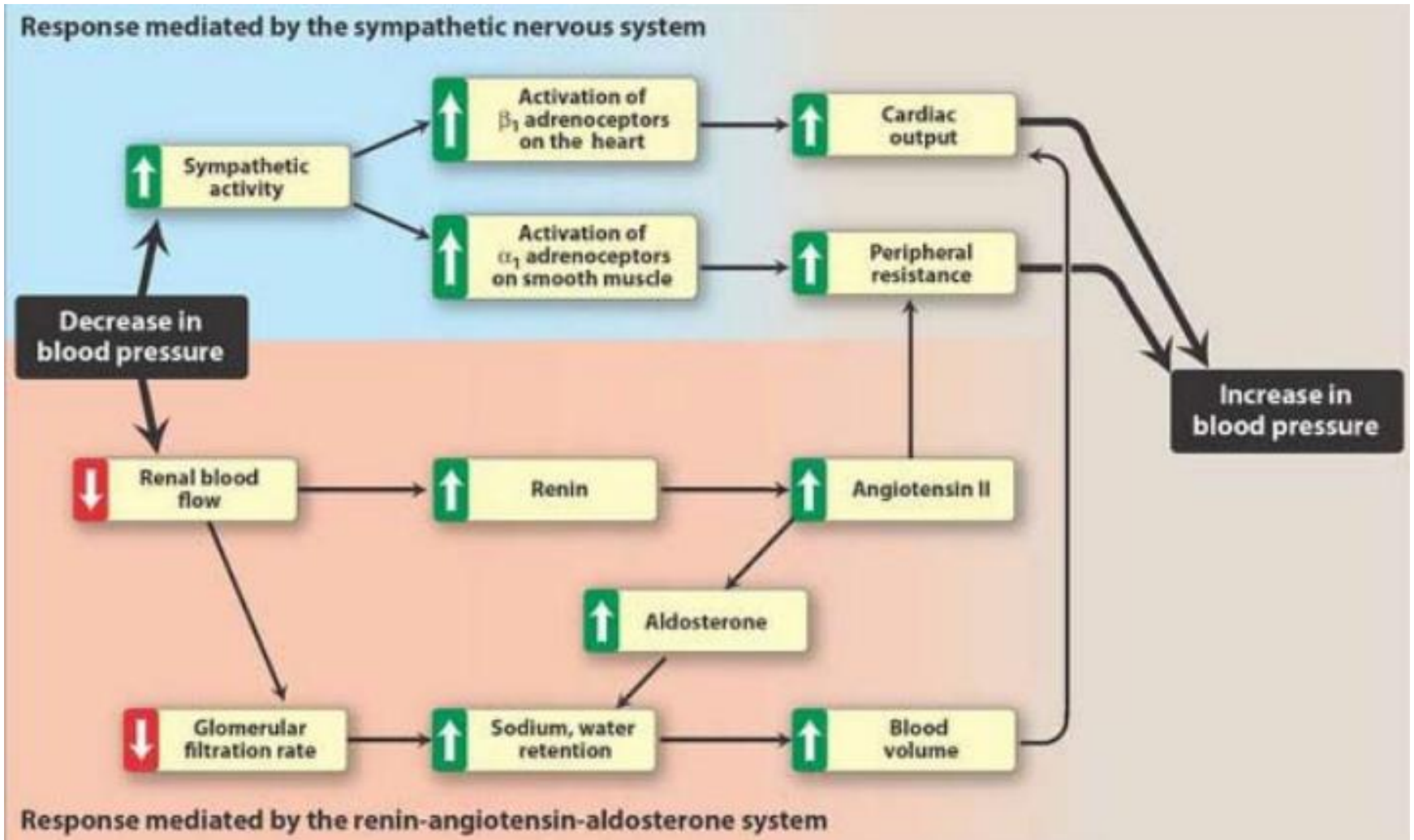
- **Vasodilators:**

- Arteriolar – Hydralazine (also CCBs and  $K^+$  channel activators)
- Arterio-venular: Sodium Nitroprusside

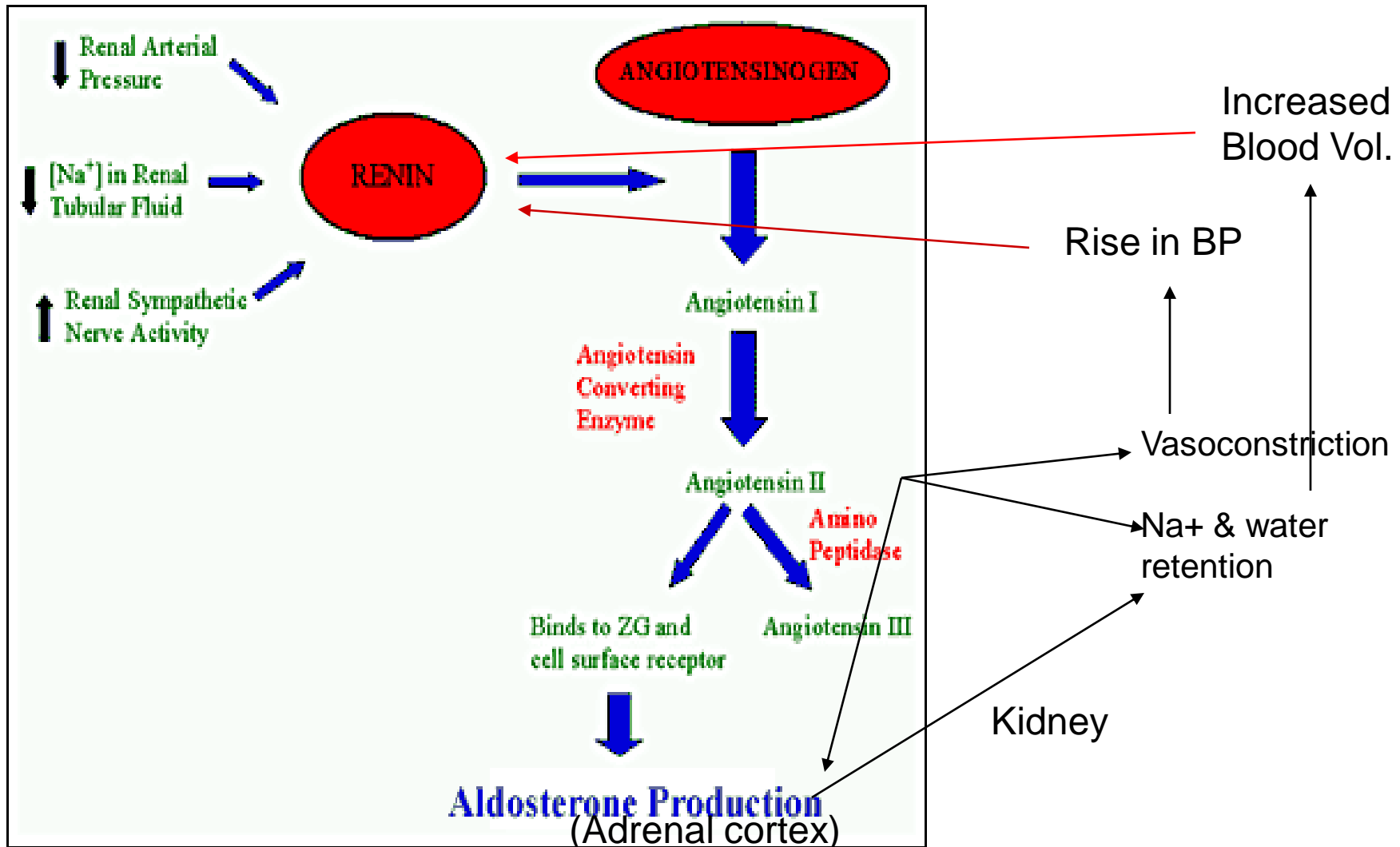
# Angiotensin Converting Enzyme (ACE) Inhibitors

What is Renin - Angiotensin?  
(Physiological Background)

# Response of the autonomic nervous system and the renin-angiotensin-aldosterone system to a decrease in blood pressure



# RAS - Physiology





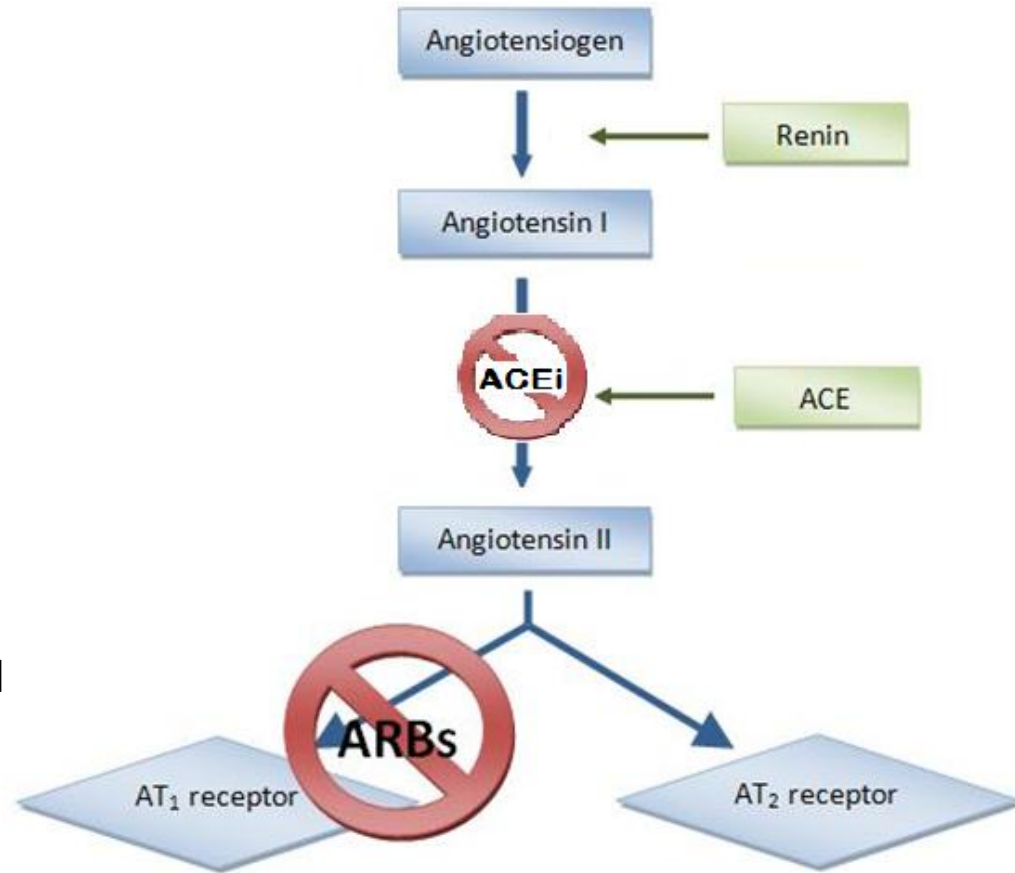
# Angiotensin-II

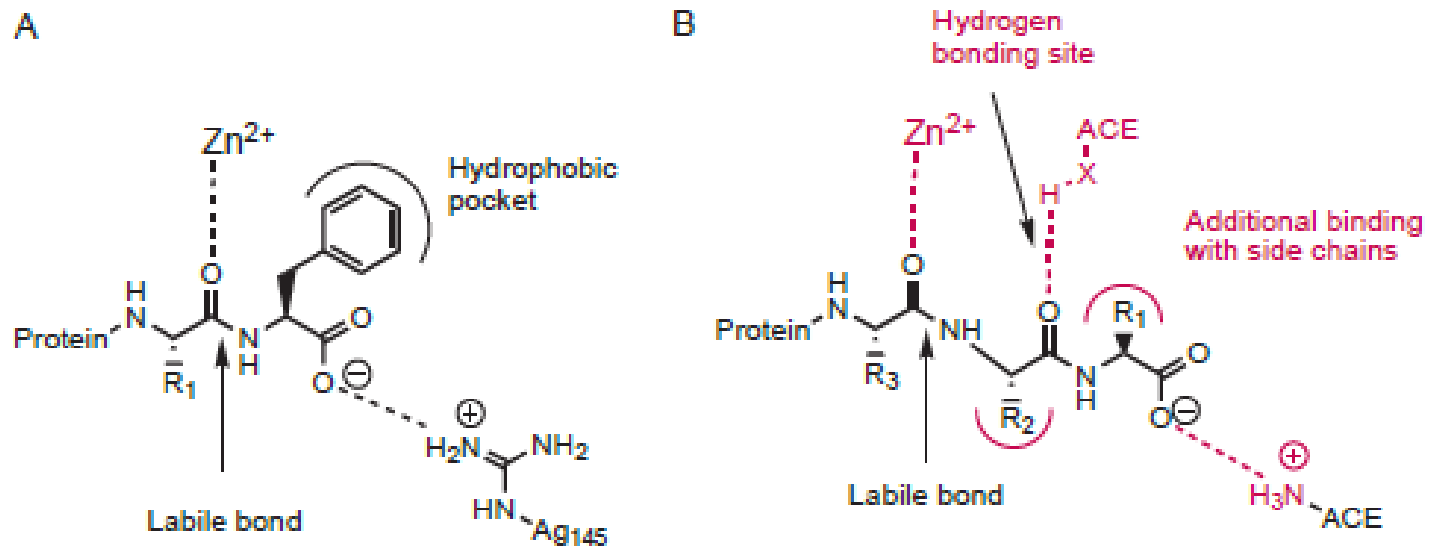
- What are the ill effects on chronic ?
  - Volume overload
    - Cardiac hypertrophy and remodeling
    - Coronary vascular damage and remodeling
  - Hypertension – long standing will cause ventricular hypertrophy
  - Myocardial infarction – hypertrophy of non-infarcted area of ventricles
  - Renal damage
  - Risk of increased CVS related morbidity and mortality
- ACE inhibitors reverse cardiac and vascular hypertrophy and remodeling

# ACE inhibitors

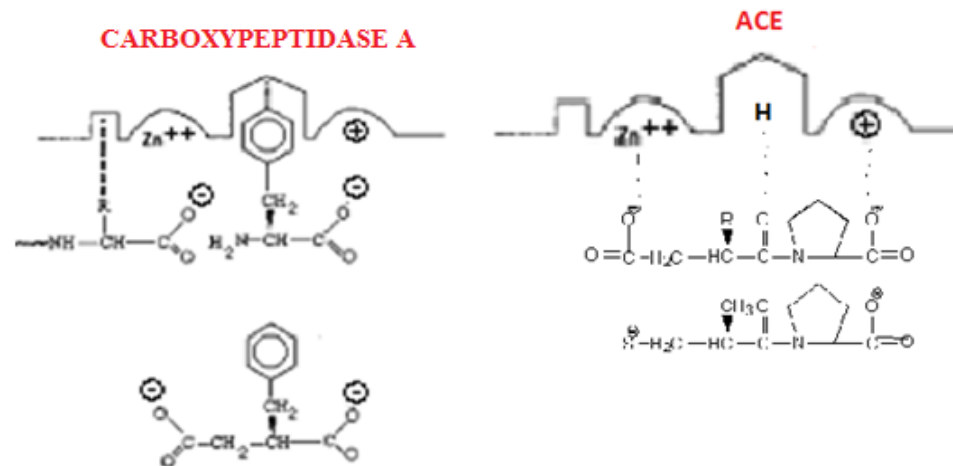
- ACE Inhibitors block the angiotensin-converting enzyme, thus preventing the formation of angiotensin II.
- Also prevent the breakdown of the vasodilating substance, bradykinin

Result: decreased systemic vascular resistance (afterload), vasodilation, and therefore, decreased blood pressure



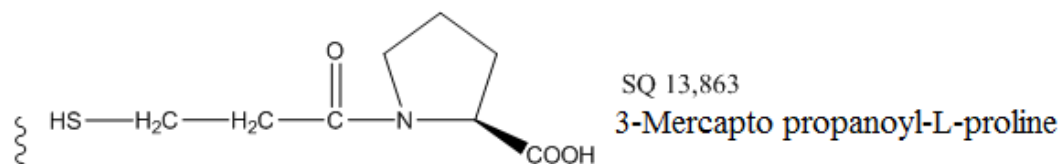
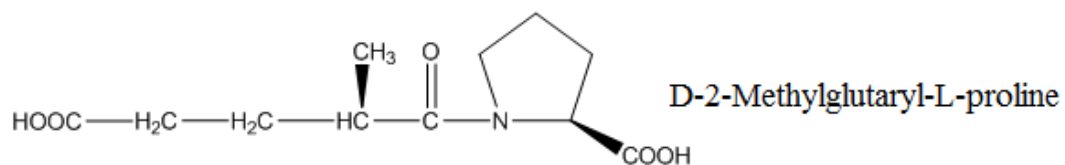
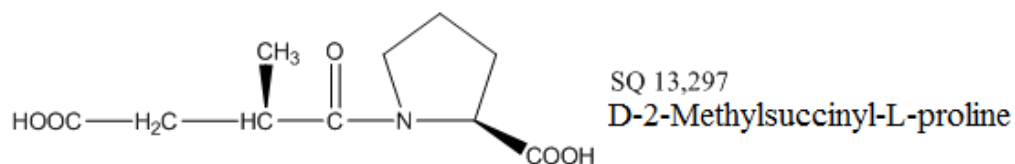
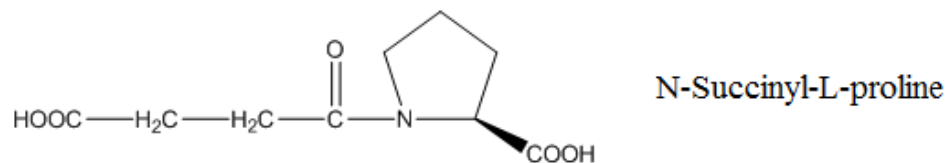


A model of substrate binding to carboxypeptidase A (A) and ACE (B). ACE substrate binding sites are highlighted in red.

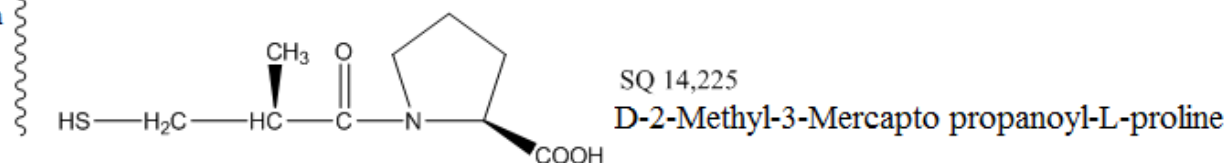


(R)-2-benzyl succinic acid

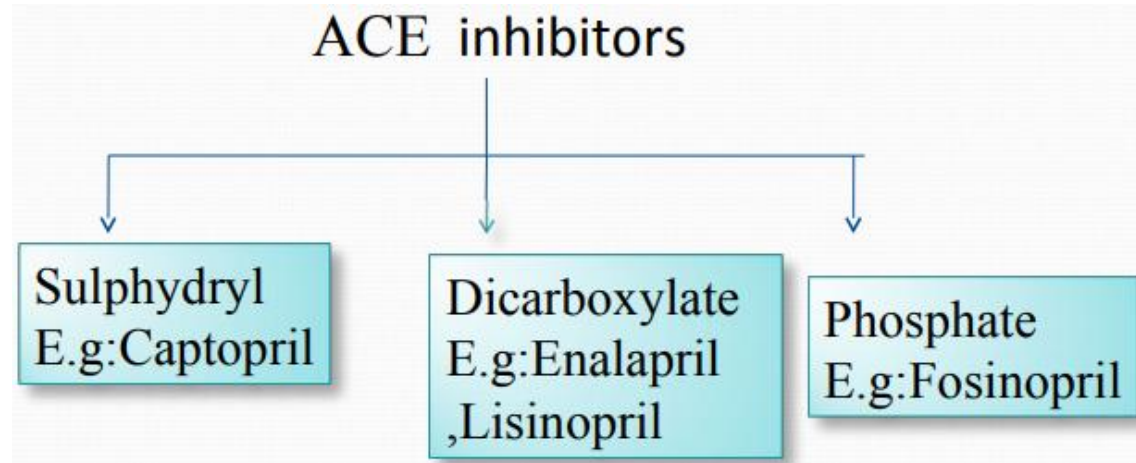
## Development of ACE Inhibitors



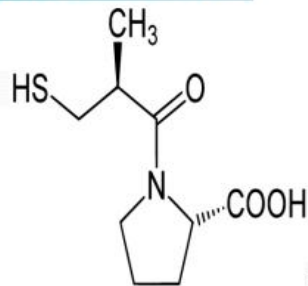
more active than  
SQ 20,881  
(teprotide)



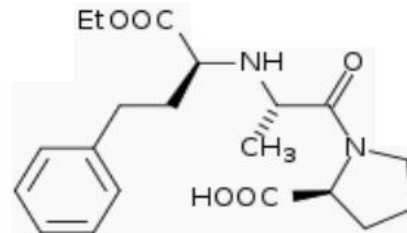
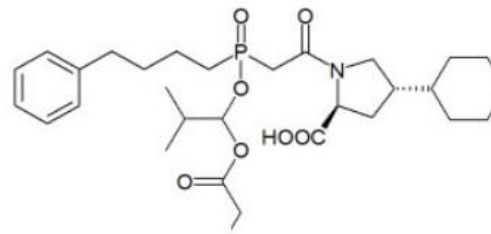
# Depending on chemical classification



**CAPTOPRIL**

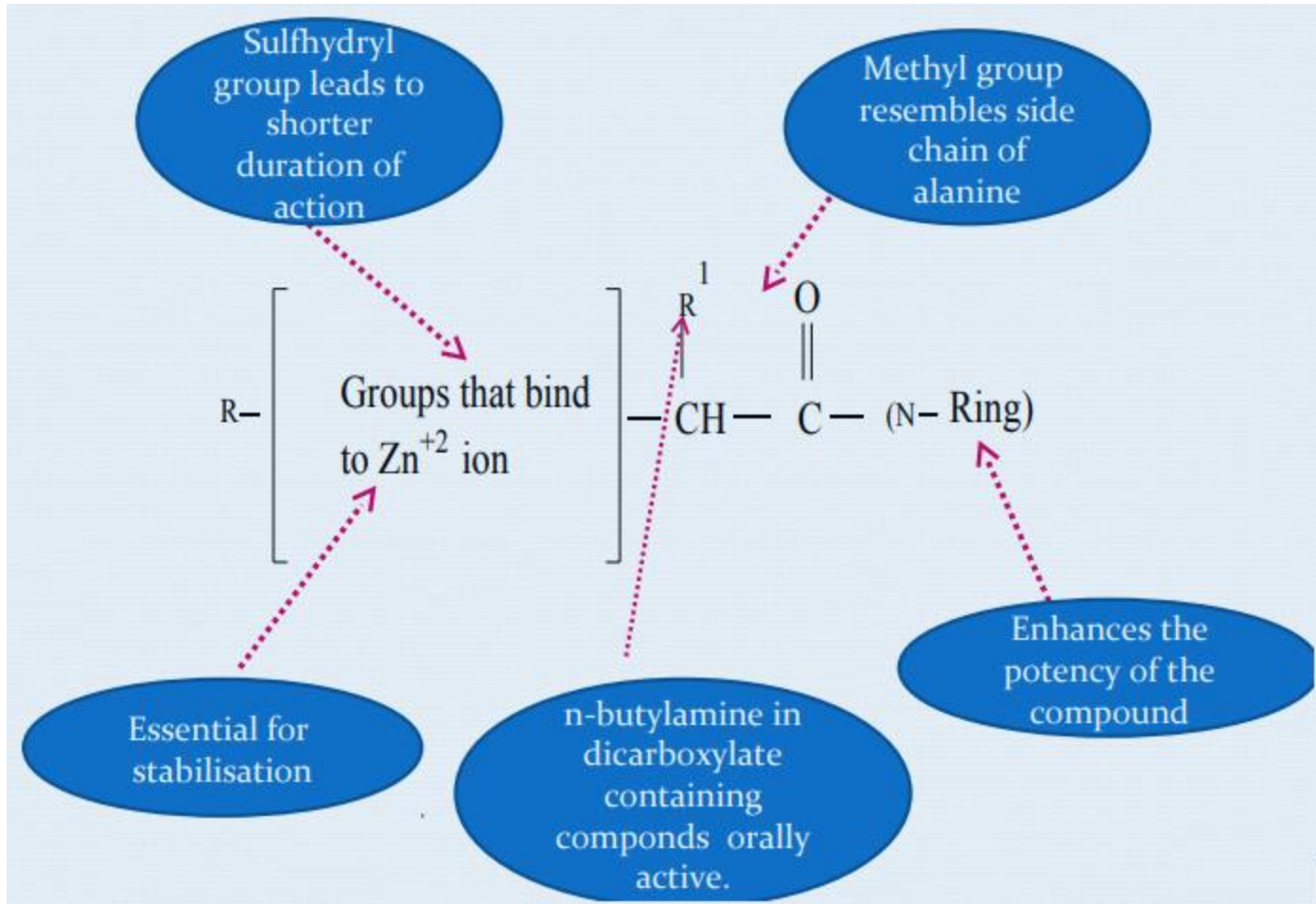


**FOSINOPRIL**



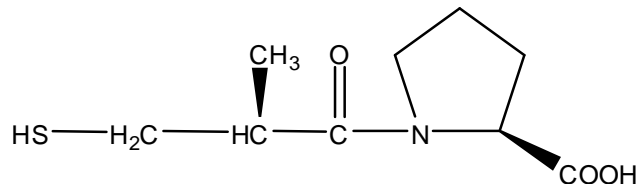
**ENALAPRIL**

# Structure Activity Relationship (SAR)



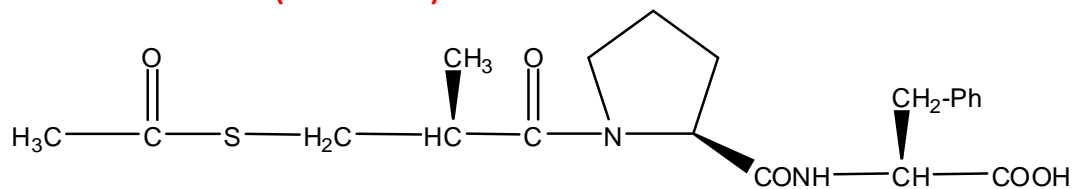
# 1- Sulfhydryl-Containing ACE inhibitors

## KAPTOPRIL (KAPTORIL, CAPTOPRIL)



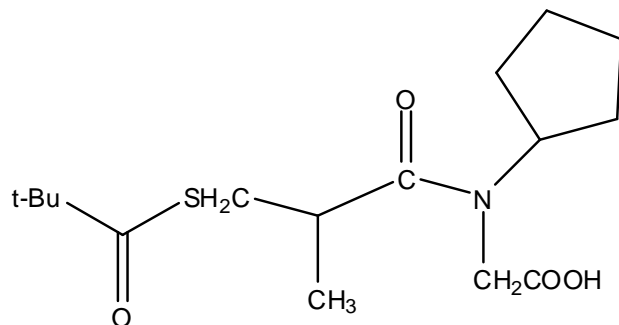
(S)-1-((S)-3-mercapto-2-methylpropanoyl)pyrrolidine-2-carboxylic acid

## ALACEPRIL (LACIPIL)



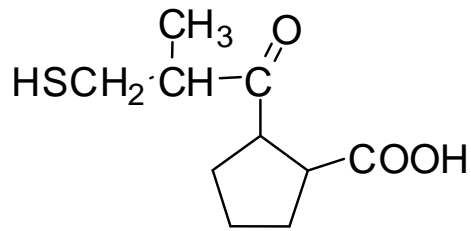
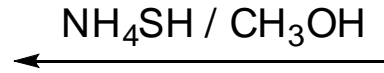
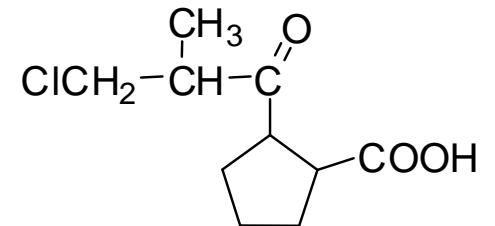
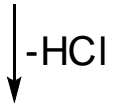
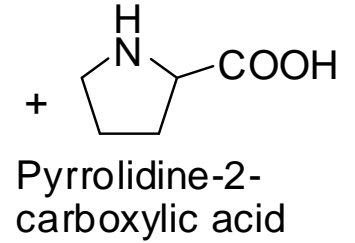
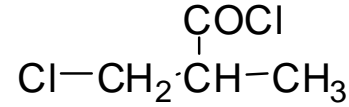
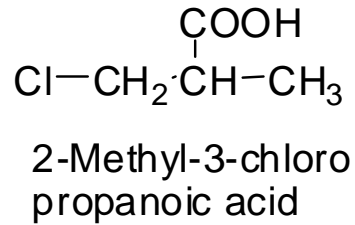
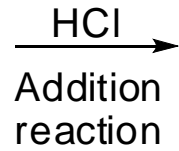
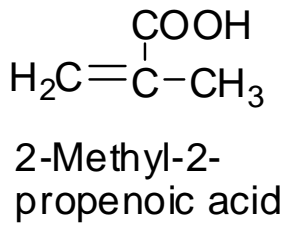
(S)-2-((S)-1-((S)-3-(acetylthio)-2-methylpropanoyl)pyrrolidine-2-carboxamido)-3-phenylpropanoic acid

## PIVOPRIL



2-(N-cyclopentyl-2-methyl-3-(pivaloylthio)propanamido)acetic acid

# Synthesis

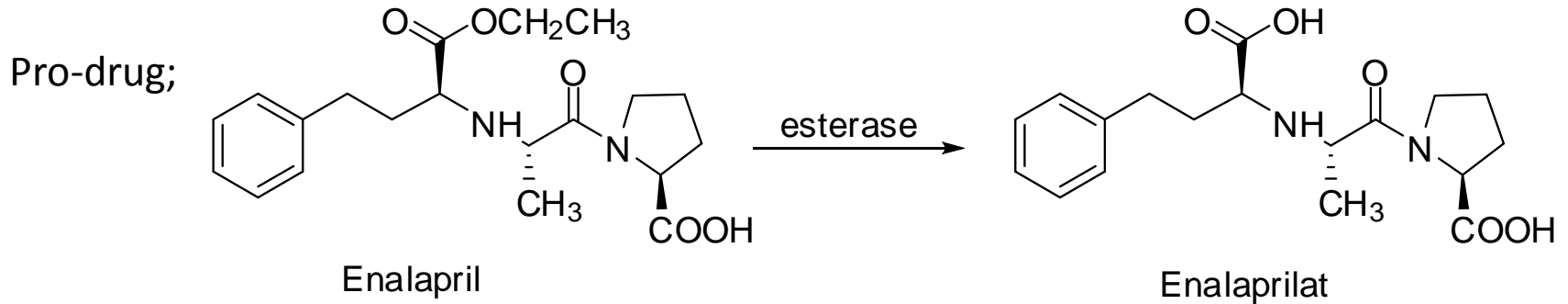


Captopril



# 2-Dicarboxylate-Containing Inhibitors

## ENALAPRIL (ENALAP, ENAPRIL, CONVERIL)



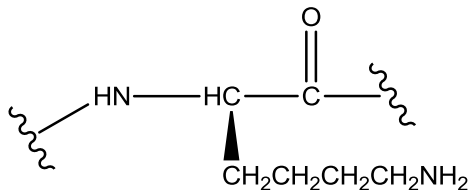
\*17 times better activity than Captopril

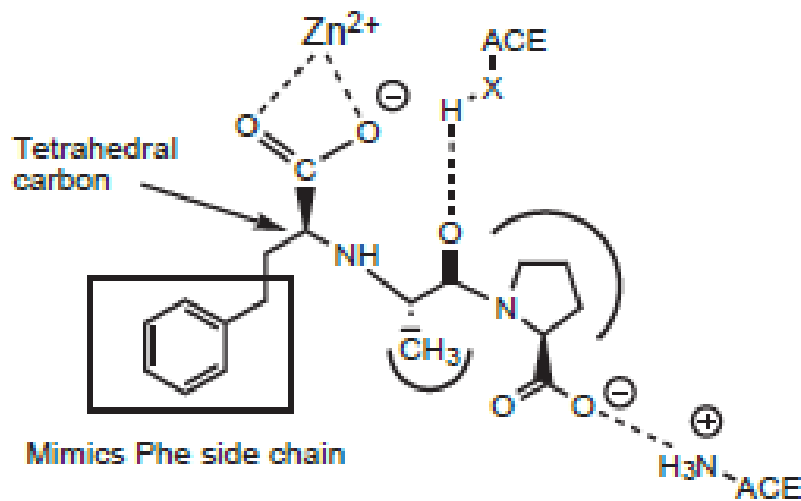
\*The only ACE inhibitor available in oral and parenteral forms

ENALAPRIL maleate + HCTZ  $\longrightarrow$  Co-Renitec  
Vaseretic

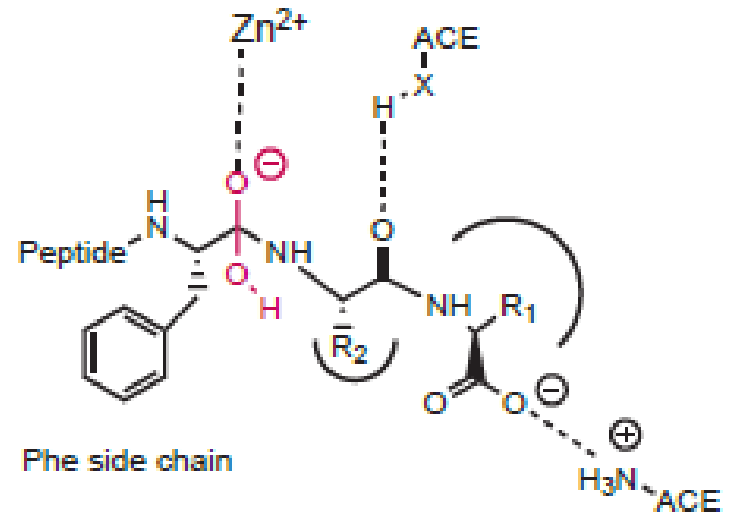
$\downarrow$   
Longer half-life than kaptopril

## LISINOPRIL lysine analog of Enalapril maleate (RILACE, SINOPRYL)





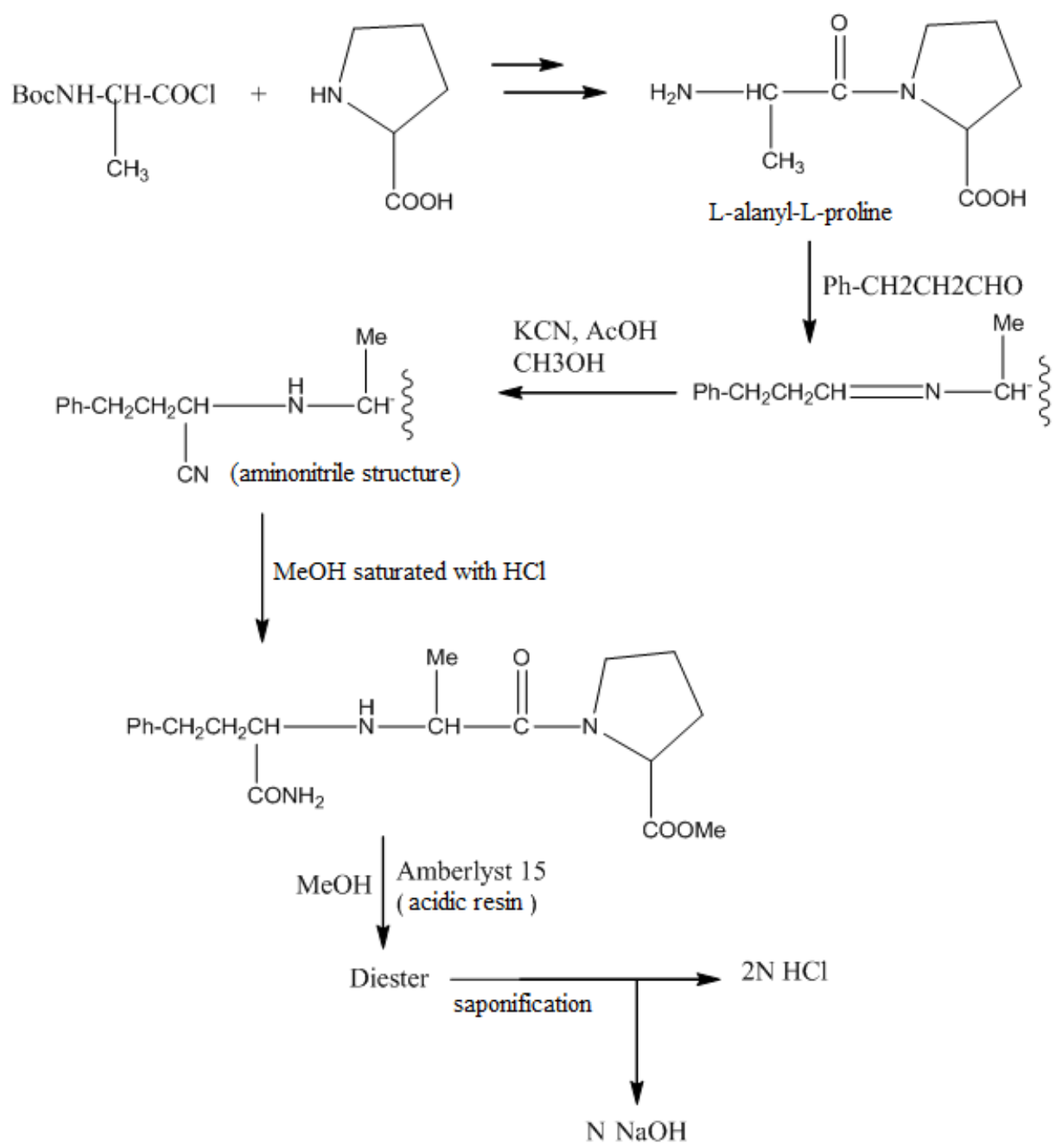
Enalaprilat

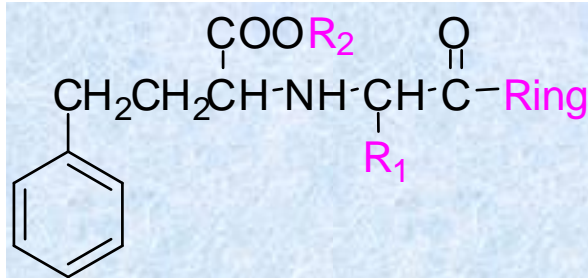


Transition state (in red) of angiotensin I hydrolysis by ACE (R<sub>1</sub> and R<sub>2</sub> = side chains of Lys and His, respectively).

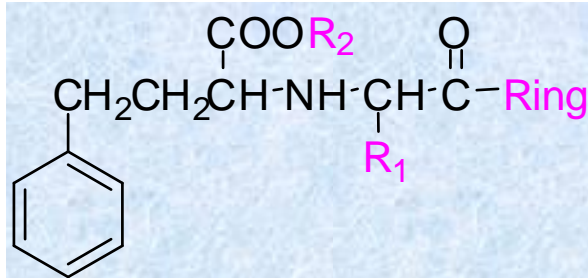
A comparison of enalaprilat and the transition state of angiotensin I hydrolysis by ACE.

**ENALAPRIL:**





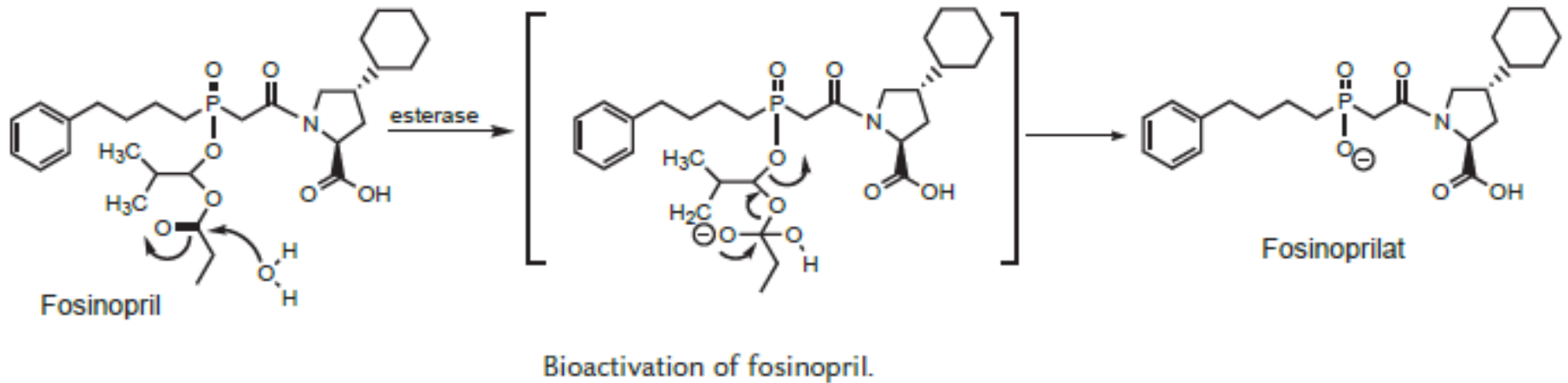
COMPOUND	R1	R2	Ring
<b>Enalapril</b> 1-(2-(1-ethoxy-1-oxo-4-phenylbutan-2-ylamino)propanoyl)pyrrolidine-2-carboxylic acid	CH <sub>3</sub>	C <sub>2</sub> H <sub>5</sub>	
<b>Enalaprilat</b> 1-(2-(1-carboxy-3-phenylpropylamino)propanoyl)pyrrolidine-2-carboxylic acid	CH <sub>3</sub>	H	
<b>Lisinopril</b> 1-(6-amino-2-(1-carboxy-3-phenylpropylamino)hexanoyl)pyrrolidine-2-carboxylic acid	(CH <sub>2</sub> ) <sub>4</sub> NH <sub>2</sub>	H	
<b>Ramipril</b> 1-(2-(1-ethoxy-1-oxo-4-phenylbutan-2-ylamino)propanoyl)octahydrocyclopenta[b]pyrrole-2-carboxylic acid	CH <sub>3</sub>	C <sub>2</sub> H <sub>5</sub>	
<b>Quinapril</b> 2-(2-(1-ethoxy-1-oxo-4-phenylbutan-2-ylamino)propanoyl)-1,2,3,4-tetrahydroisoquinoline-3-carboxylic acid	CH <sub>3</sub>	C <sub>2</sub> H <sub>5</sub>	



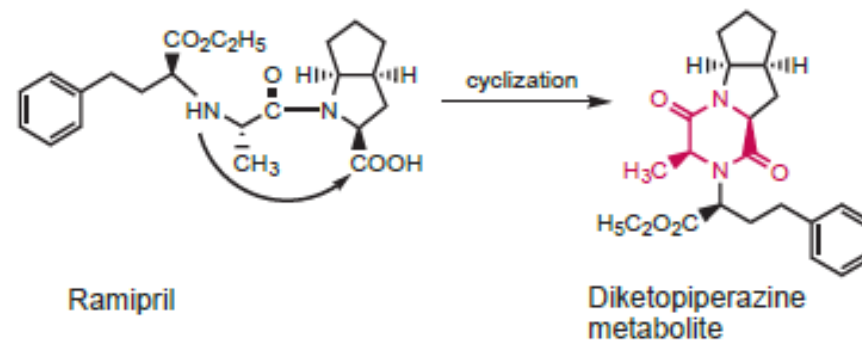
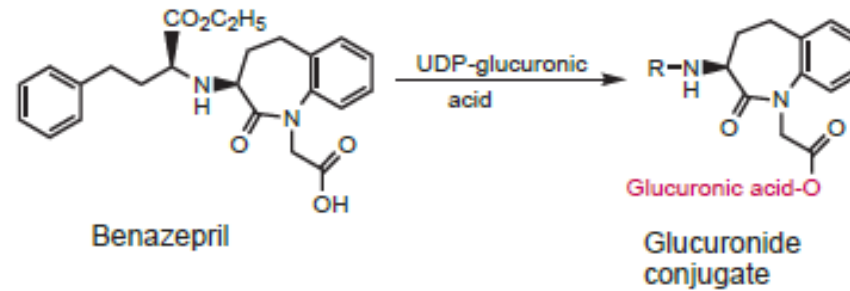
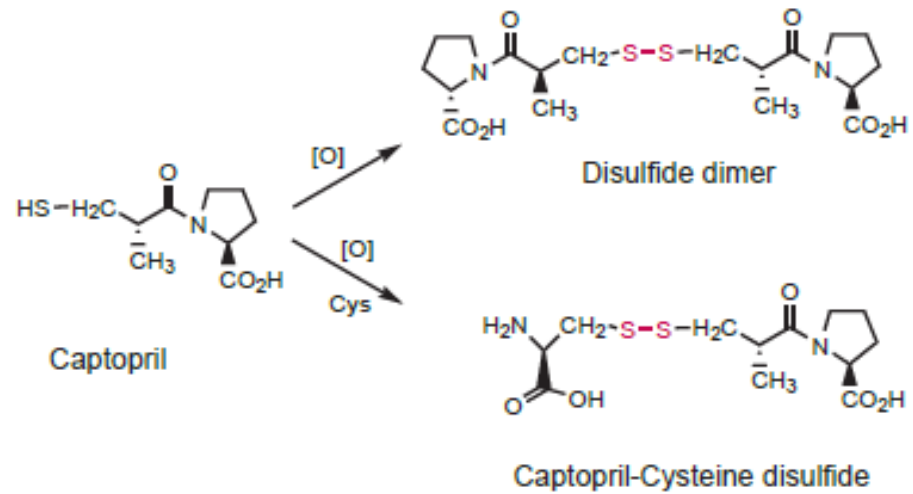
COMPOUND	R1	R2	Ring
<b>Quinapril</b> 2-(2-(1-ethoxy-1-oxo-4-phenylbutan-2-ylamino)propanoyl)-1,2,3,4-tetrahydroisoquinoline-3-carboxylic acid	CH <sub>3</sub>	C <sub>2</sub> H <sub>5</sub>	
<b>Trandolapril</b> 1-(2-(1-ethoxy-1-oxo-4-phenylbutan-2-ylamino)propanoyl)octahydro-1H-indole-2-carboxylic acid	CH <sub>3</sub>	C <sub>2</sub> H <sub>5</sub>	
<b>Sprapril</b> 7-(2-(1-ethoxy-1-oxo-4-phenylbutan-2-ylamino)propanoyl)-1,4-dithia-7-azaspiro[4.4]nonane-8-carboxylic acid	CH <sub>3</sub>	C <sub>2</sub> H <sub>5</sub>	
<b>Moexipril</b> 1-(2-(1-ethoxy-1-oxo-4-phenylbutan-2-ylamino)propanoyl)-5,6-dimethoxy-1,2,3,4-tetrahydroquinoline-2-carboxylic acid	CH <sub>3</sub>	C <sub>2</sub> H <sub>5</sub>	

# 3-Phosphonate-Containing Inhibitors

**FOSINOPRIL (Monopril)** (2S,4S)-4-cyclohexyl-1-(2-((2-methyl-1-(propionyloxy)propoxy)(4-phenylbutyl)phosphoryl)acetyl)pyrrolidine-2-carboxylic acid



# Metabolism



Metabolic routes of ACE inhibitors.

## ADVERSE EFFECTS OF ACE INHIBITORS

Hypotension, hyperkalemia, cough, rash, taste disturbances, headache, dizziness, fatigue, nausea, vomiting, diarrhea, acute renal failure, neutropenia, proteinuria, and angioedema

reverses when therapy is stopped

NOTE: first-dose hypotensive effect may occur!!

## UNLABELED USES

Hypertensive crises, renovascular hypertension, neonatal and childhood hypertension, stroke prevention, migraine prophylaxis, nondiabetic nephropathy, chronic kidney disease, scleroderma renal crisis, Raynaud phenomenon, and Bartter syndrome



# Angiotensin Receptor Blockers (ARBs)

## Angiotensin Receptors:

- Specific angiotensin receptors have been discovered, grouped and abbreviated as – AT1 and AT2
- They are present on the surface of the target cells

# Angiotensin II Receptor Blockers (ARBs)

- Newer class
- Well-tolerated
- Do not cause coughing

## Mechanism of Action Angiotensin II Receptor Blockers

- Allow angiotensin I to be converted to angiotensin II, but block the receptors that receive angiotensin II
- Block vasoconstriction and release of aldosterone

## Therapeutic Uses

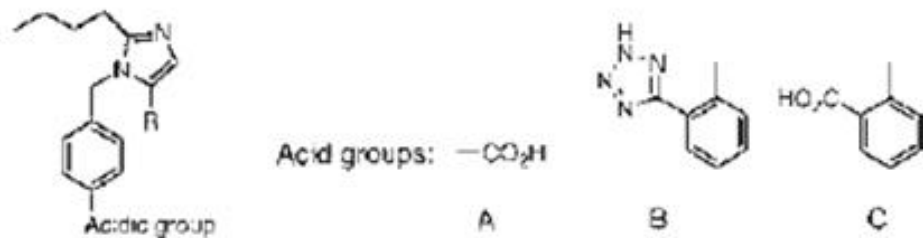
- Hypertension
- Adjunctive agents for the treatment of CHF
- May be used alone or with other agents such as diuretics

## Side Effects

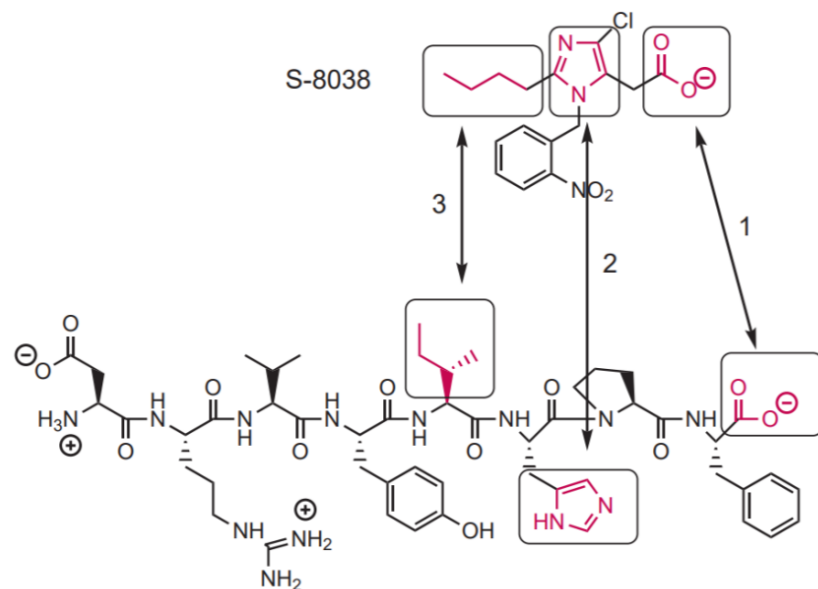
- Upper respiratory infections • Headache • May cause occasional dizziness, inability to sleep, diarrhea, dyspnea, heartburn, nasal congestion, back pain, fatigue

## Structure–Activity Relationships

All commercially available ARBs are analogs of the following general structure:

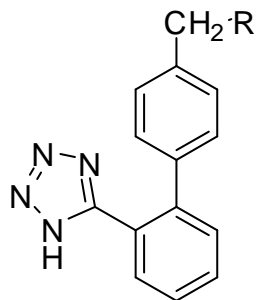


1. The “acidic group” is thought to mimic either the Tyr<sup>4</sup> phenol or the Asp<sup>1</sup> carboxylate of angiotensin II. Groups capable of such a role include the carboxylic acid (A), a phenyl tetrazole or isostere (B), or a phenyl carboxylate (C).
2. In the biphenyl series, the tetrazole and carboxylate groups must be in the ortho position for optimal activity (the tetrazole group is superior in terms of metabolic stability, lipophilicity, and oral bioavailability).
3. The n-butyl group of the model compound provides hydrophobic binding and, most likely, mimics the side chain of Ile<sup>5</sup> of angiotensin II. As seen with azilsartan, candesartan, telmisartan, and olmesartan, this n-butyl group can be replaced with either an ethyl ether or an n-propyl group.

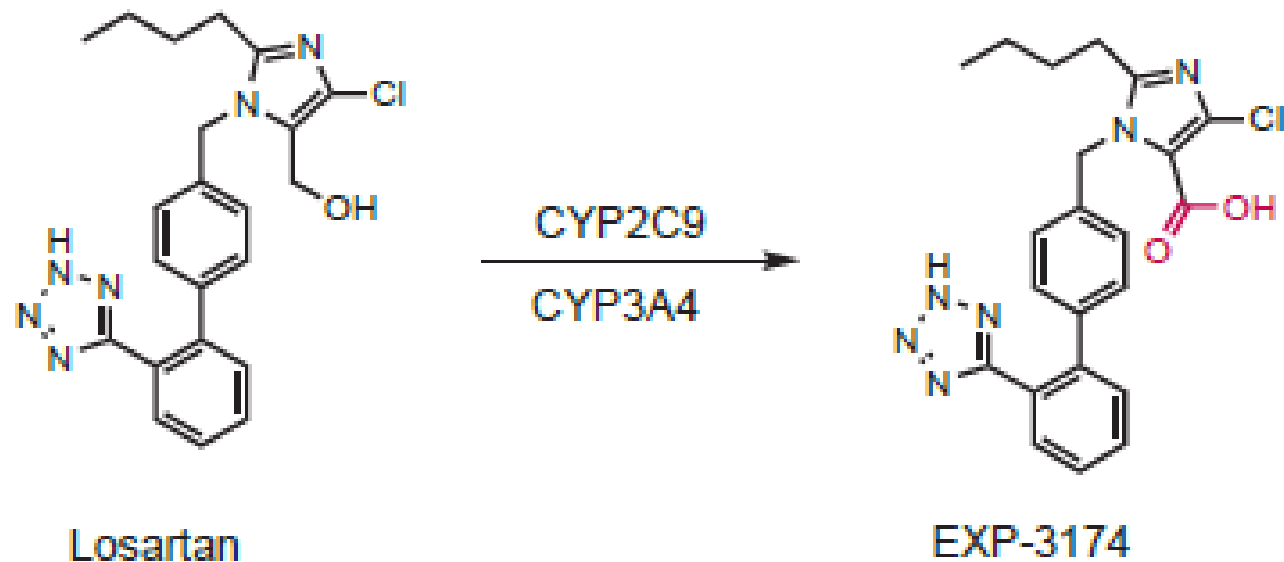


**FIGURE** Structural comparison of S-8308, an imidazole-5-acetic acid analog, with angiotensin II.

4. The imidazole ring or an isosteric equivalent is required to mimic the His<sup>5</sup> side chain of angiotensin II.
5. Substitution can vary at the “R” position. A variety of R groups, including a carboxylic acid, a hydroxymethyl group, a ketone, or a benzimidazole ring, are present in currently available ARBs and are thought to interact with the AT<sub>1</sub> receptor through either ionic, ion–dipole, or dipole–dipole bonds.



Compound	R
<b>Losartan</b> (1-((2'-(1H-tetrazol-5-yl)biphenyl-4-yl)methyl)-2-butyl-4-chloro-1H-imidazol-5-yl)methanol	
<b>Valsartan</b> 2-(N-((2'-(1H-tetrazol-5-yl)biphenyl-4-yl)methyl)pentanamido)-3-methylbutanoic acid	
<b>Candesartan</b> 1-((2'-(1H-tetrazol-5-yl)biphenyl-4-yl)methyl)-2-ethoxy-1H-benzo[d]imidazole-7-carboxylic acid	
<b>Irbesartan</b> 3-((2'-(1H-tetrazol-5-yl)biphenyl-4-yl)methyl)-2-butyl-1,3-diazaspiro[4.4]non-1-en-4-one	
<b>Telmisartan</b> 4'-((1,6'-dimethyl-2'-propyl-1H,3'H-2,5'-bibenzo[d]imidazol-3'-yl)methyl)biphenyl-2-carboxylic acid	



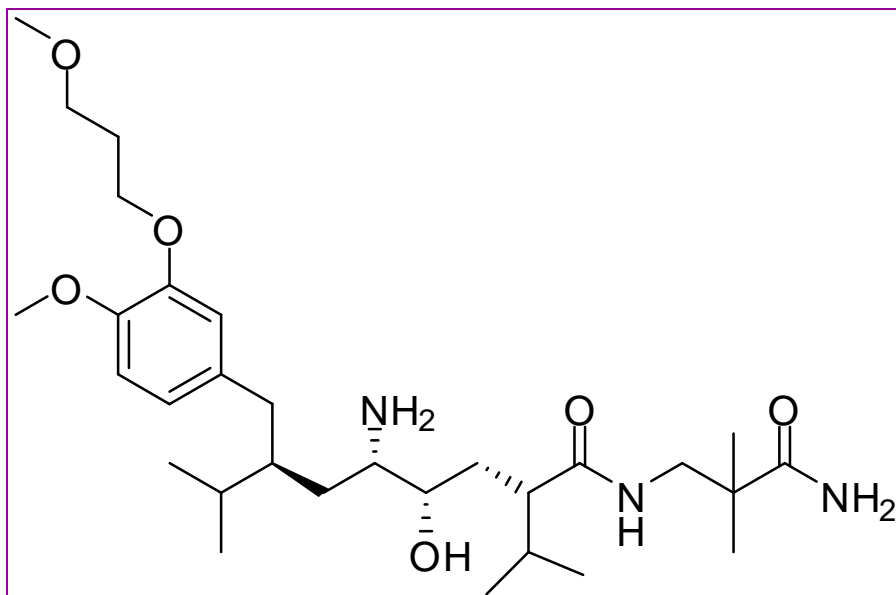
The metabolic conversion of losartan to EXP-3174 by cytochrome P450 isozymes.

## ADVERSE EFFECTS OF ANGIOTENSIN II RECEPTOR ANTAGONISTS

Headache, dizziness, fatigue, hypotension, hyperkalemia, dyspepsia, diarrhea, abdominal pain, upper respiratory tract infection, myalgia, back pain, pharyngitis, and rhinitis

# Renin inhibitor

Aliskiren **TEKTURNA**, **RASILEZ**®



(2S,4S,5S,7S)-5-amino-N-(3-amino-2,2-dimethyl-3-oxopropyl)-4-hydroxy-2-isopropyl-7-(4-methoxy-3-(3-methoxypropoxy)benzyl)-8-methylnonanamide