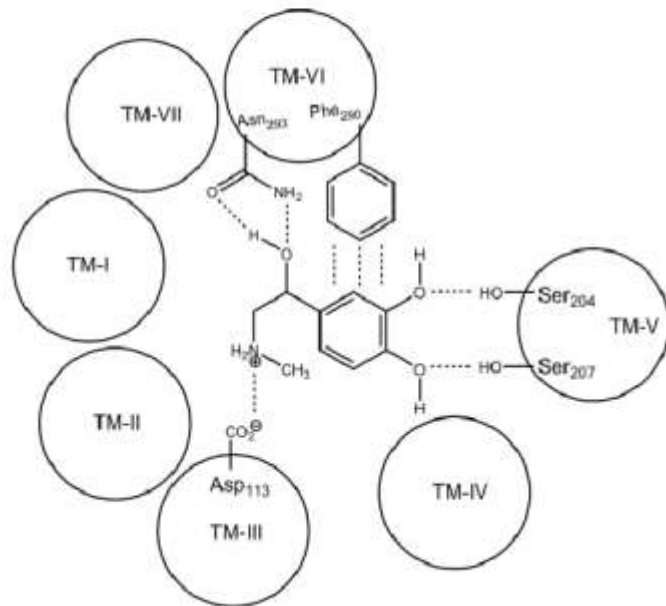


SympathoMimetics



Amit Z Chaudhari

INTRO

Defination:

- Compounds that produce effects similar to stimulation of **sympathetic nervous activity** are known as *sympathomimetic* .

Synonym: *Adrenergic stimulants*

Act by:

stimulating adrenergic receptors (adrenoceptors, ARs)

or

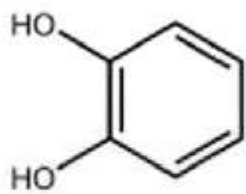
affect the life cycle of adrenergic neurotransmitters (NTs)

NEUROTRANSMITTERS

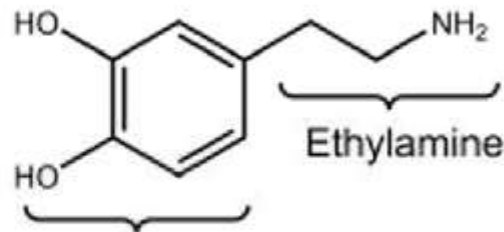
- Norepinephrine (NE, noradrenaline),
- Epinephrine (E, adrenaline) , dopamine (DA)

Structure :

- Chemically are catecholamines (CAs)



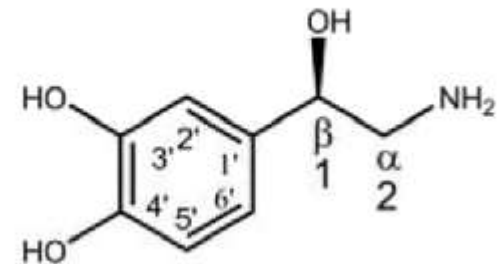
Catechol



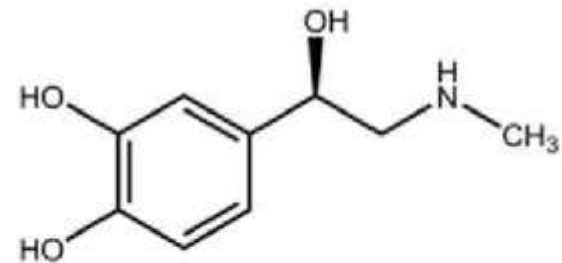
Catechol

Catecholamine

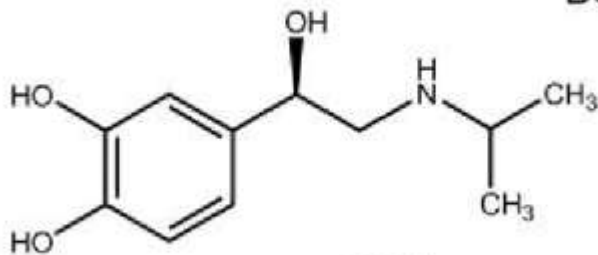
Dopamine (DA)



Norepinephrine (NE)



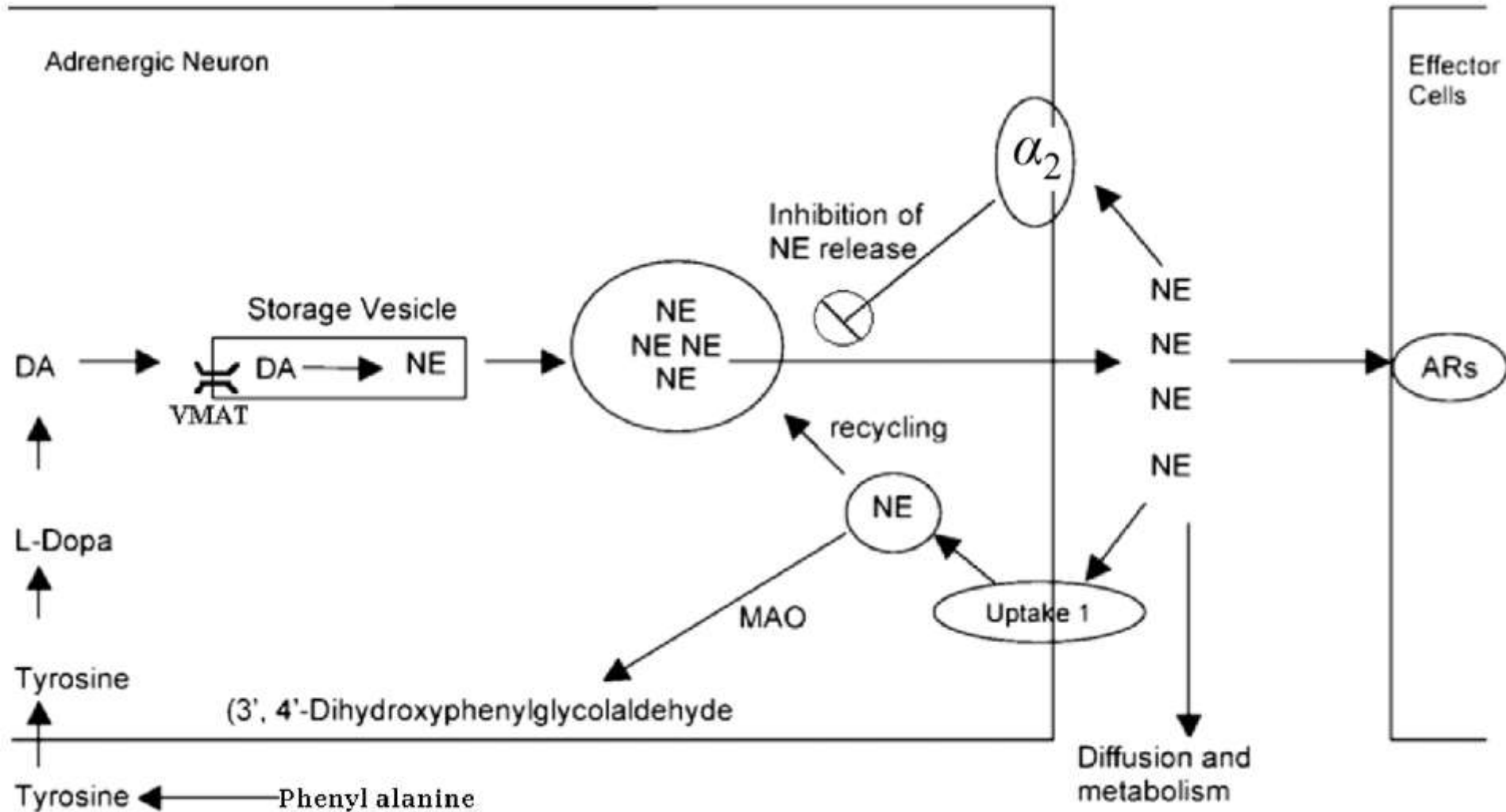
Epinephrine (E)



Isoproterenol (ISO)

NEUROCHEMISTRY

Model of life cycle of NE



NEUROCHEMISTRY

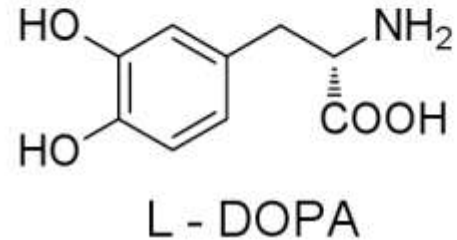
Biosynthesis :



Tyrosine Hydroxylase

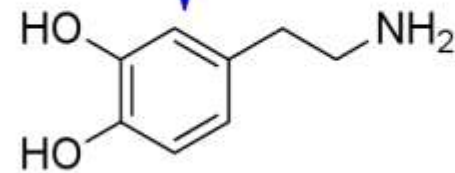
rate-limiting
step

Step_1



Step_2

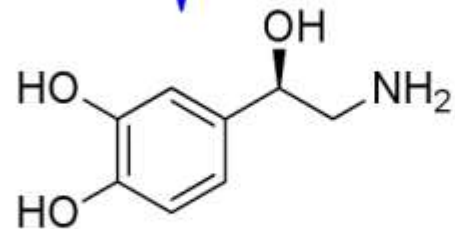
DOPA decarboxylase



Dopamine

Step_3

dopamine β -hydroxylase

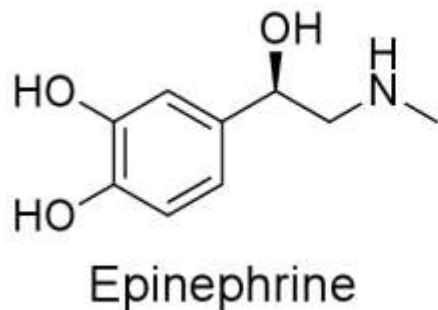


Norepinephrine

Phenylethanolamine-
N-methyltransferase

(adrenal medulla)

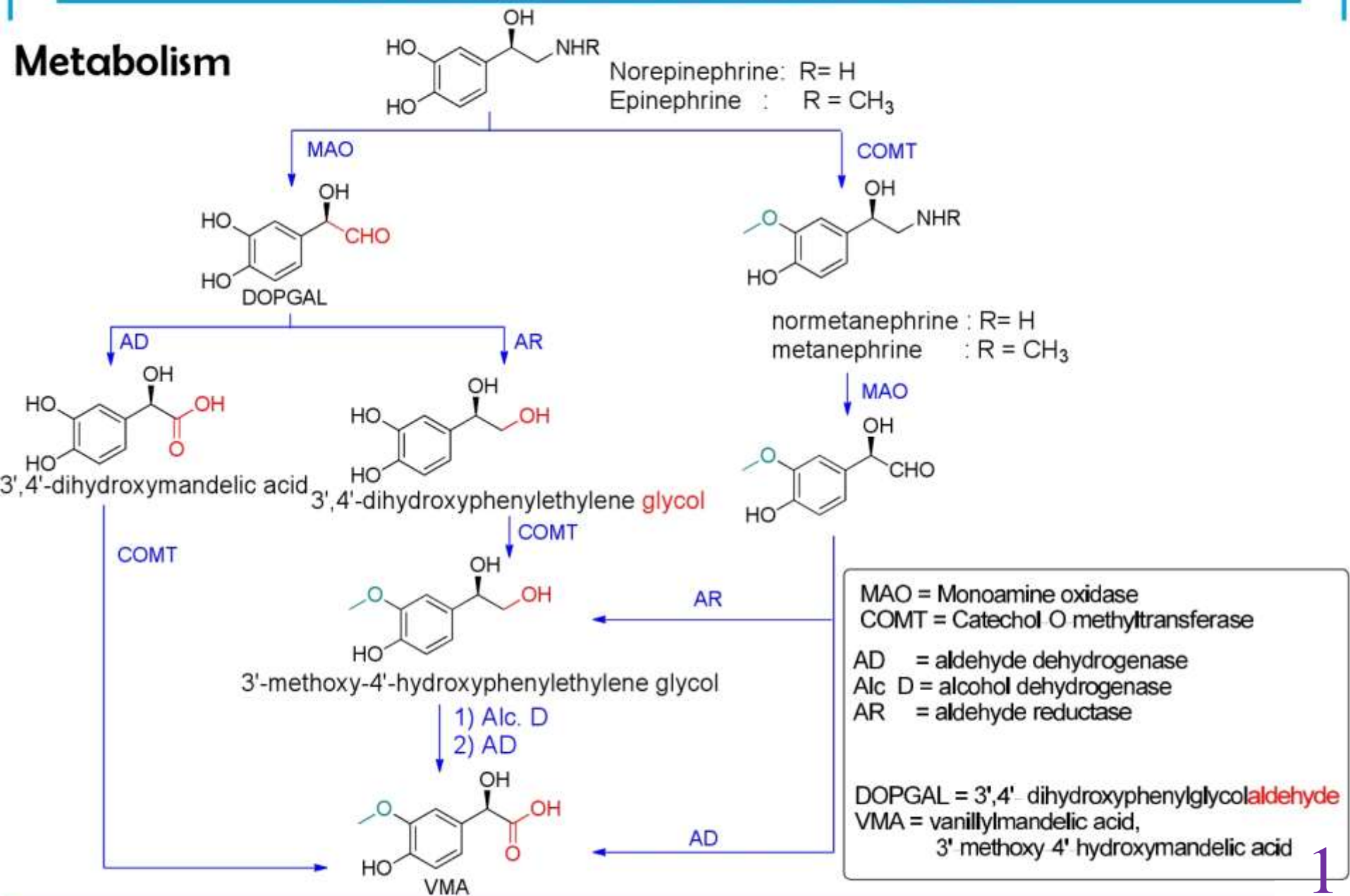
Step_4

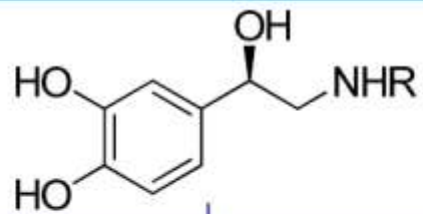


(R) Configuration of NE and E

NEUROCHEMISTRY

Metabolism

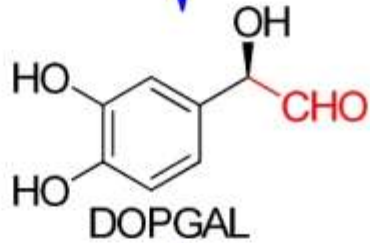




Norepinephrine: R= H

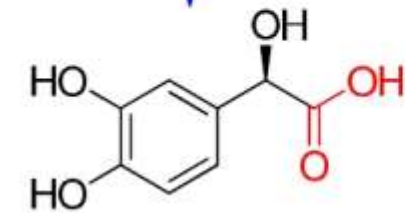
Epinephrine : R = CH₃

MAO

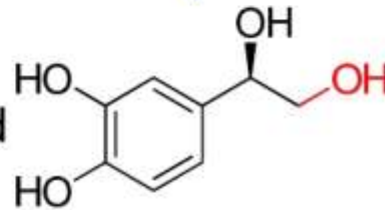


AD

AR

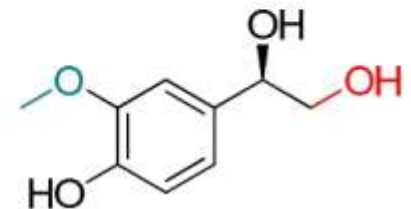


3',4'-dihydroxymandelic acid



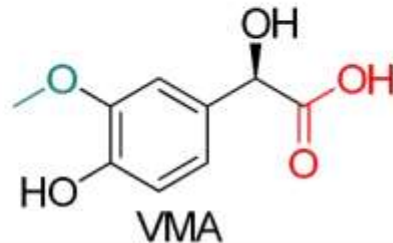
3',4'-dihydroxyphenylethylene glycol

COMT

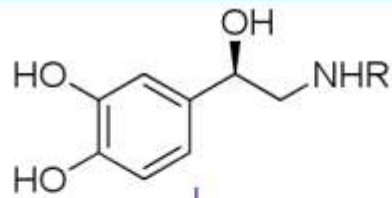


3'-methoxy-4'-hydroxy phenylethylene glycol

COMT



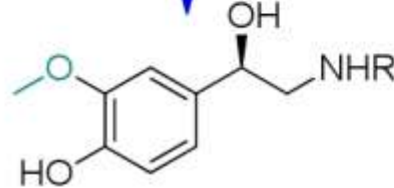
1) Alc D
2) AD



Norepinephrine: R = H

Epinephrine : R = CH₃

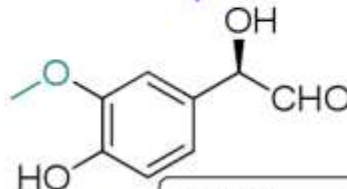
↓ COMT



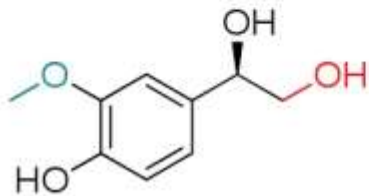
normetanephrine : R = H

metanephrine : R = CH₃

↓ MAO

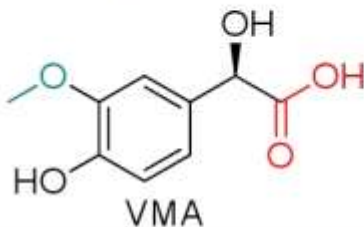


← AR



3'-methoxy-4'-hydroxyphenylethylene glycol

↓ 1) Alc. D
2) AD



← AD

MAO = Monoamine oxidase
 COMT = Catechol-O-methyltransferase
 AD = aldehyde dehydrogenase
 Alc. D = alcohol dehydrogenase
 AR = aldehyde reductase

DOPGAL = 3',4'- dihydroxyphenylglycolaldehyde
 VMA = vanillylmandelic acid, or
 3'-methoxy-4'-hydroxymandelic acid

Drugs affecting life cycle of NTs

Drugs Affecting CAs Biosynthesis

Metyrosine (α -Methyl-L-tyrosine)

Drugs Affecting Catecholamine Storage and Release

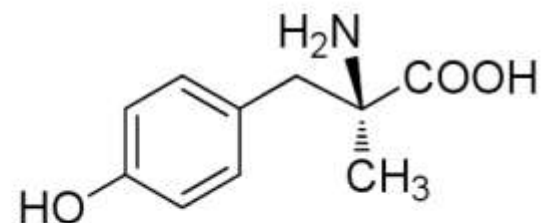
1. Reserpine
2. Guanethidine

Drugs affecting life cycle of NTs

Drugs Affecting CAs Biosynthesis

Metyrosine

- inhibits any of **the three enzymes** involved in CA biosynthesis
- decrease CAs,
 - tyrosine hydroxylase
 - DOPA decarboxylase
 - dopamine β -hydroxylase



(-) Metyrosine

M/A

- Metyrosine differs structurally from tyrosine only in the presence of an α -methyl group . i.e. structurally similar substrate for enzyme. Thus metyrosine compete with natural molecules for binding with the enzymes
 \rightarrow \downarrow CA syn.

Use

- Management of pheochromocytoma (tumor of pheochromocytes)

Drugs affecting life cycle of NTs

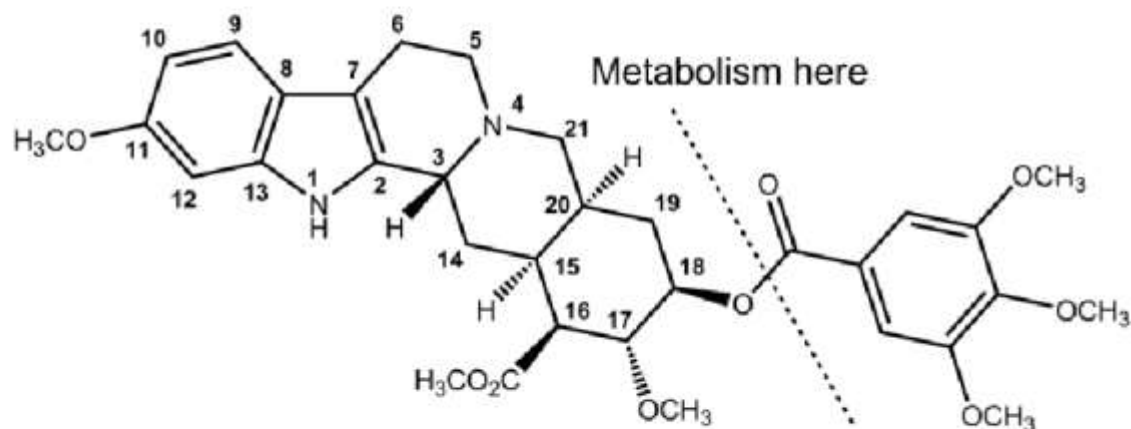
Drugs Affecting CAs Storage and Release

(1) Reserpine

- B.S. *Rauwolfia serpentina*
- *sarp Gandha* - Ayurvedic

Chemistry:

- indole alkaloid



M/A

- Reserpine binds extremely tightly with and blocks VMAT \rightarrow \downarrow transport of CAs from cytoplasm into the storage vesicles \rightarrow retained NE will be metabolized by mitochondrial MAO within cytoplasm
- thus depletion of NE release in sympathetic cleft
- blood vessels will relax and dilate \rightarrow **lowers b. p.**
- PNS, CNS, adrenal medulla and also depletes storage of serotonin and DA

ADRENERGIC RECEPTORS

Adrenergic Receptor Subtypes

- are membrane-associated G-protein–coupled receptors
- G-protein = guanine nucleotide-binding proteins
- In 1948, **Ahlquist** proposed and designated α - and β - adrenoceptors based on their apparent drug sensitivity.

Result of agonists affinity toward isolated heart muscles and isolated bronchial smooth muscle.

Isolated organs	Sensitivity	Designation
Blood vessel	E > NE > ISO	α
Heart	ISO > E > NE	β

ADRENERGIC RECEPTORS

Adrenergic Receptor Subtypes

TABLE 16.3 Distribution and Effects of Adrenoceptors and Main Uses of the Adrenergic Drugs

Organ or Tissue	Predominant Adrenoceptors	Effect of Activation	Physiological Effect	Drugs	Therapeutic Uses
Blood vessels and skin	α_1	Vasoconstriction	↑ Blood pressure	α_1 -Agonists	Shock, hypotension
Mucous membranes	α_1	Vasoconstriction		α_1 -Agonists α_1 -Antagonists	Nasal congestion Hypertension
Prostatic gland muscle	α_{1A}	Contraction	Prostatic hyperplasia	α_{1A} -Antagonists	BPH
CNS	α_2	↓ NE release	↓ Blood pressure	α_2 -Agonists	Hypertension
Heart muscle	β_1 (minor β_2, β_3)	Muscle contraction	↑ Heart rate & force	β_1 -Antagonists	Hypertension Arrhythmias
Bronchial smooth muscle	α_1	Smooth muscle contraction	Closes airways		
	β_2 (Bronchodilation)	Smooth muscle relaxation	Dilates & opens airways	β_2 -Agonists	Asthma and COPD
Uterus (pregnant)	α_1	Muscle contraction			
	β_2	Smooth muscle relaxation	(-) Uterine contractions	β_2 -Antagonists	Premature labor
Kidney	β_1	Increases rennin secretion	↑ Blood pressure		

SAR (phenylethylamine)

Aromatic substituents

3', 4'-diOH for both α & β agonist activity
metabolized by COMT \rightarrow
poor oral activity and short DOA
hydrophilic \rightarrow poor CNS activity

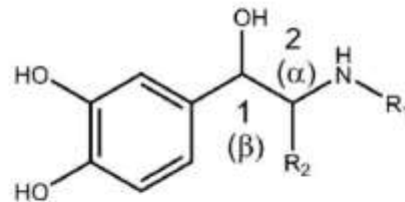
3', 5'-diOH (e.g., metaproterenol)
3'-CH₂OH, 4'-OH (e.g., albuterol)
 \uparrow β_2 activity
 \downarrow degradation by COMT \rightarrow
 \uparrow absorption, oral activity, & DOA

4'-OH is more important for β activity
3'-OH is more important for α activity
(e.g., phenylephrine: α -agonist)

No phenolic substitution:
 \downarrow both α and β activity
direct or indirect activity

Structure required for activity:

1. β -Phenylethylamine
2. Catechol ring
3. (1R)-OH



R₁-Substitution on N

\uparrow the size of R₁ \rightarrow \uparrow β activity
 \downarrow α activity

\downarrow degradation by MAO

t-butyl: \uparrow β_2 activity

e.g. Colterol

large LPL: α -blocking activity

e.g. labetalol

R₂-Substitution on C₂

small alkyl groups (Me, Et) tolerated

\downarrow degradation by MAO

still substrates for COMT \rightarrow little effect on DOA

Et group:

\downarrow $\alpha \gg \beta$ (more β -selective, e.g., ethylnorepinephrine)

\uparrow CNS activity

\uparrow oral activity & DOA

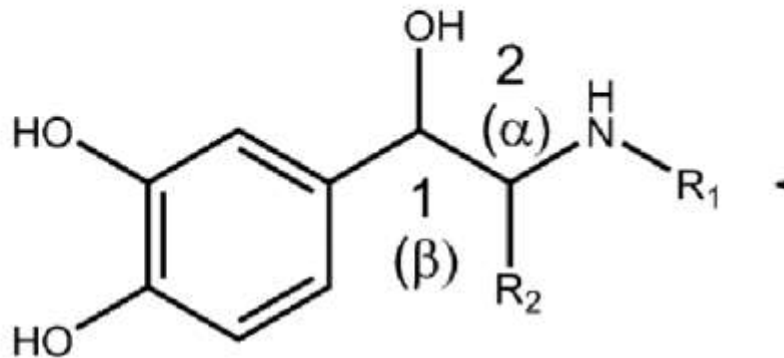
(2S) methyl group: \uparrow α_2 activity

Wilson and Gisvold's

SAR (phenylethylamine)

Structure required for activity:

1. β -Phenylethylamine
2. Catechol ring
- 3 (1R)-OH



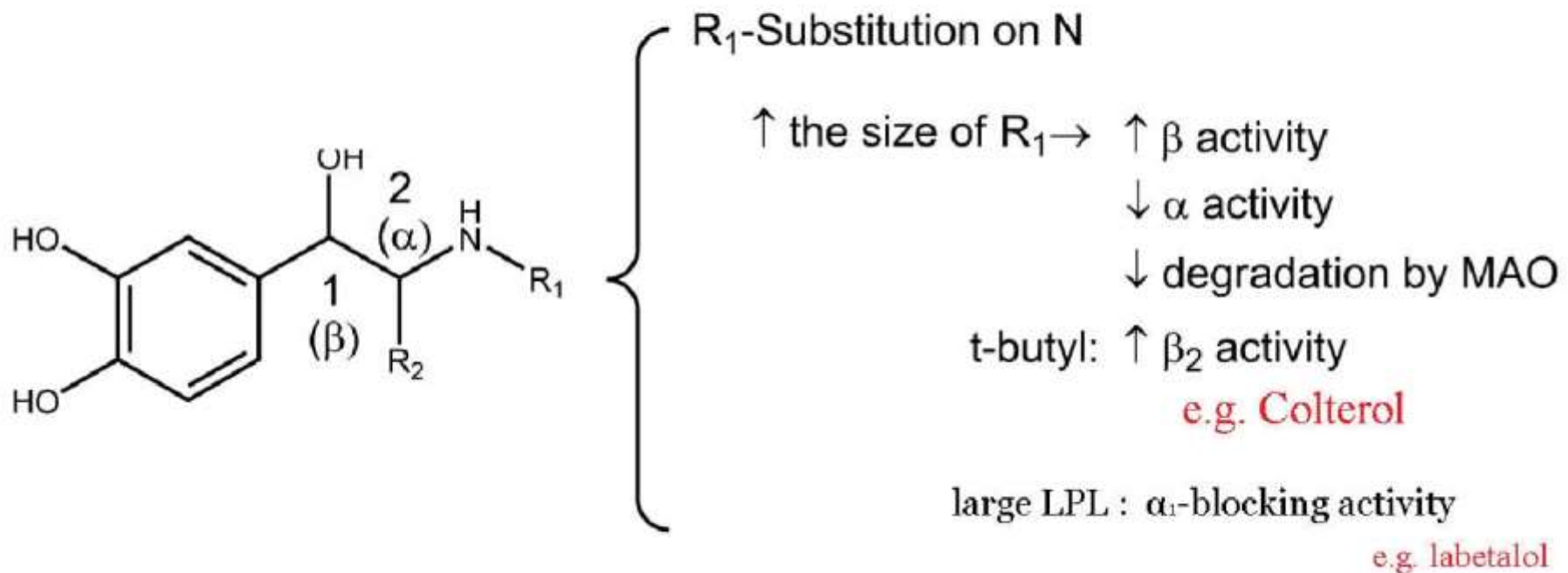
1. Optical Isomerism

- For CAs, the more potent enantiomer has the (1R) configuration. This enantiomer is typically several 100-fold more potent than the enantiomer with the (1S) configuration.

SAR (phenylethylamine)

2. R₁, Substitution on the Amino Nitrogen

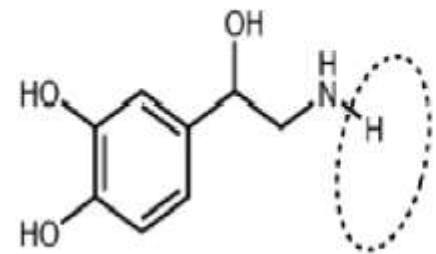
- Determines α or β - Receptor Selectivity.
- **Primary and secondary** amines have good adrenergic activity, whereas tertiary amines and quaternary ammonium salts do not.



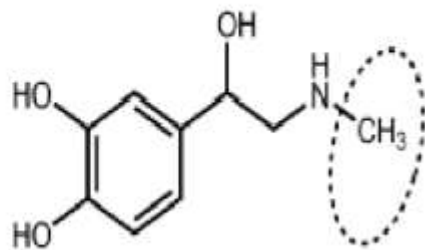
SAR (phenylethylamine)

2. R₁, Substitution on the Amino Nitrogen

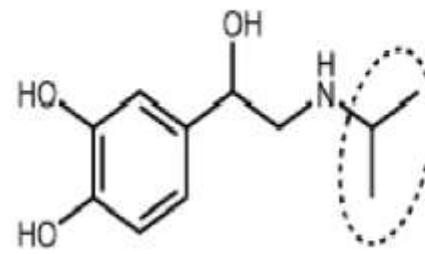
- As the size of the nitrogen substituent increases, α -receptor agonist activity generally decreases and β -receptor agonist activity increases
- + protect the amino group from undergoing metabolism by MAO



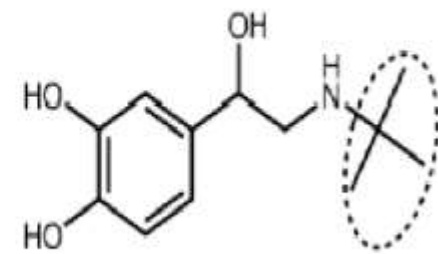
Norepinephrine (NE)
 $\alpha > \beta$ agonist
 α agonist



Epinephrine (E)
 α , β_1 and β_2 agonist
nonselective α and β agonist



Isoproterenol (ISO)
 β_1 and β_2 agonists
nonselective β agonist

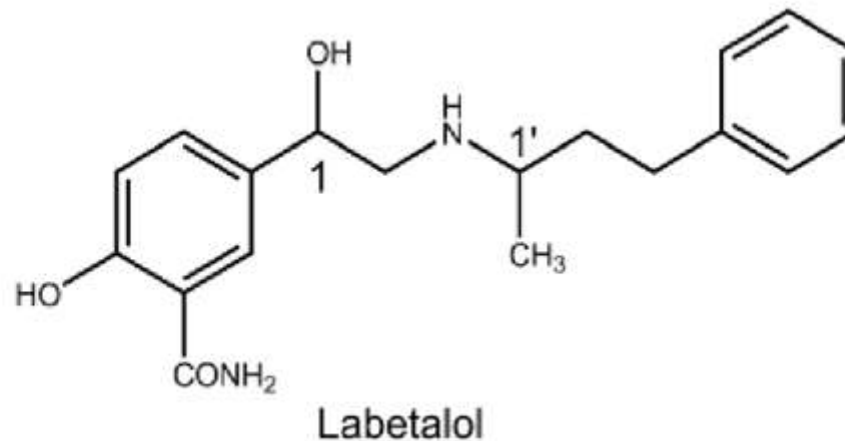


N-t-Butylnorepinephrine (Colterol)
selective β_2 agonist

SAR (phenylethylamine)

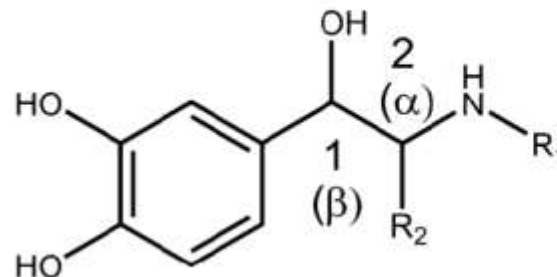
2. R₁, Substitution on the Amino Nitrogen

- large lipophilic (LPL) groups have can α_1 -blocking activity e.g. **labetalol**



SAR (phenylethylamine)

3. R₂, Substitution on the α -Carbon



R₂-Substitution on C₂

small alkyl groups (Me, Et) tolerated

↓ degradation by MAO

still substrates for COMT → little effect on DOA

Et group:

↓ $\alpha \gg \beta$ (more β -selective, e.g., ethylnorepinephrine)

↑ CNS activity

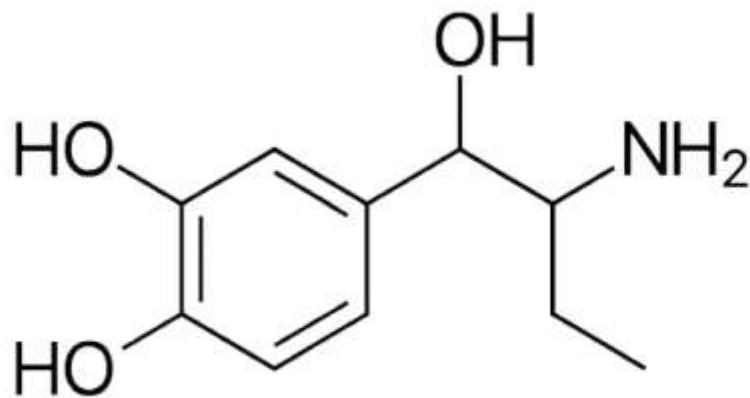
↑ oral activity & DOA

(2S) methyl group: ↑ α_2 activity

SAR (phenylethylamine)

3. R₂, Substitution on the α -Carbon

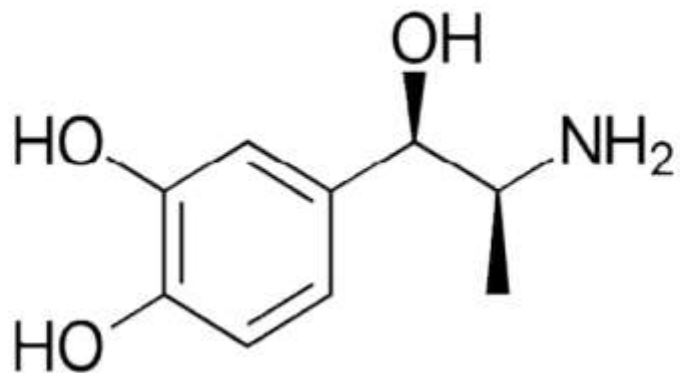
- Substitution by small alkyl group slows metabolism by MAO with little effect on DOA
- Lipophilicity of R₂ substituted compounds often exhibit enhanced oral effectiveness and greater CNS activity.
- An ethyl group in this position diminishes α -activity far more than β -activity, affording compounds with β -selectivity (e.g., ethylnorepinephrine and isoetharine).



SAR (phenylethylamine)

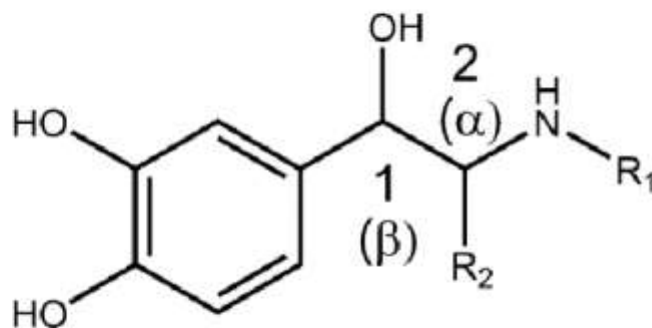
3. R₂, Substitution on the α -Carbon

- α -methylnorepinephrine, it is the erythro (1R,2S) isomer that possesses significant activity at α_2 -receptors



SAR (phenylethylamine)

4. OH substitution on the β -carbon



- Essential
- generally decreases CNS activity largely because it lowers lipid solubility
- Compounds lacking the -OH group (e.g. **DA**) have a greatly reduced adrenergic receptor activity.

5. Substitution on the Aromatic Ring

Aromatic substituents

3', 4'-diOH for both α & β agonist activity
metabolized by COMT \rightarrow
poor oral activity and short DOA
hydrophilic \rightarrow poor CNS activity

3', 5'-diOH (e.g., metaproterenol)

3'-CH₂OH, 4'-OH (e.g., albuterol)

\uparrow β_2 activity

\downarrow degradation by COMT \rightarrow

\uparrow absorption, oral activity, & DOA

4'-OH is more important for β activity

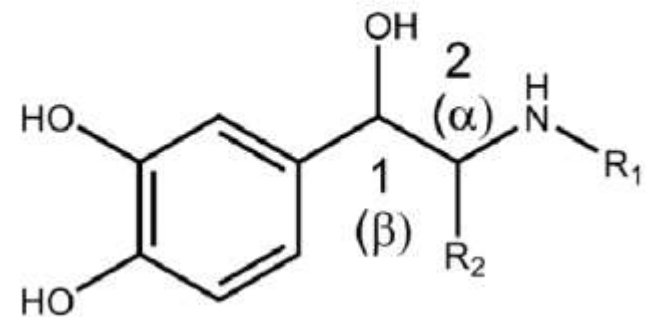
3'-OH is more important for α activity

(e.g., phenylephrine: α -agonist)

No phenolic substitution:

\downarrow both α and β activity

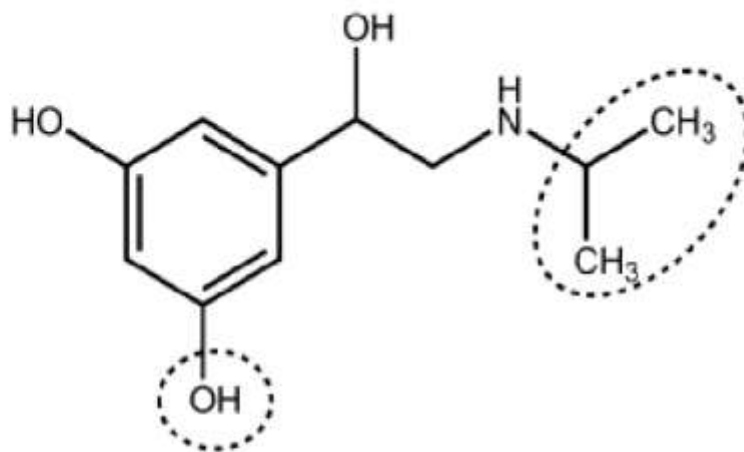
direct or indirect activity



SAR (phenylethylamine)

5. Substitution on the Aromatic Ring

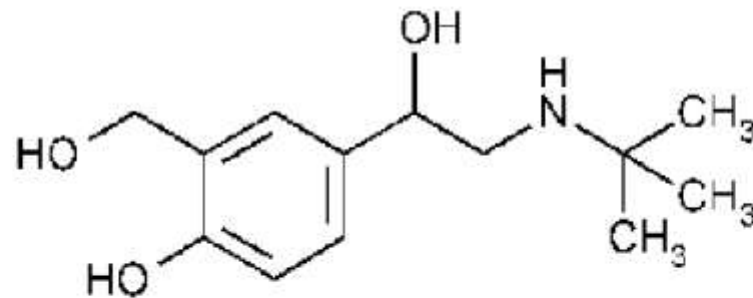
- replacement of the catechol function of ISO with the resorcinol structure gives a selective β_2 -agonist, e.g. metaproterenol
- It will longer the DOA as because the resorcinol ring is not a substrate for COMT



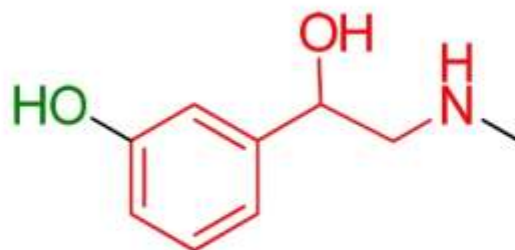
SAR (phenylethylamine)

5. Substitution on the Aromatic Ring

- replacement of the meta-OH of the catechol structure with a hydroxymethyl group gives agents, such as **albuterol** selective β_2 -agonist

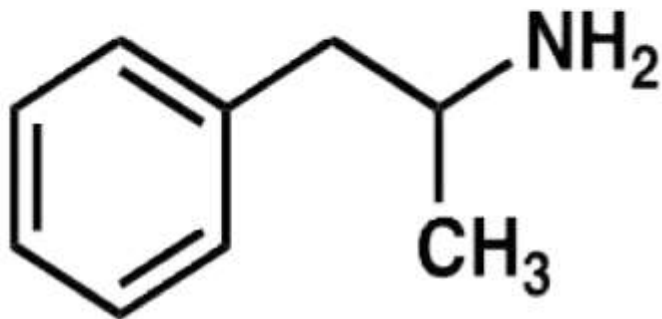


- removal of the *p*-OH group from E gives **phenylephrine** which lacks β action but has less α_1 -agonist property

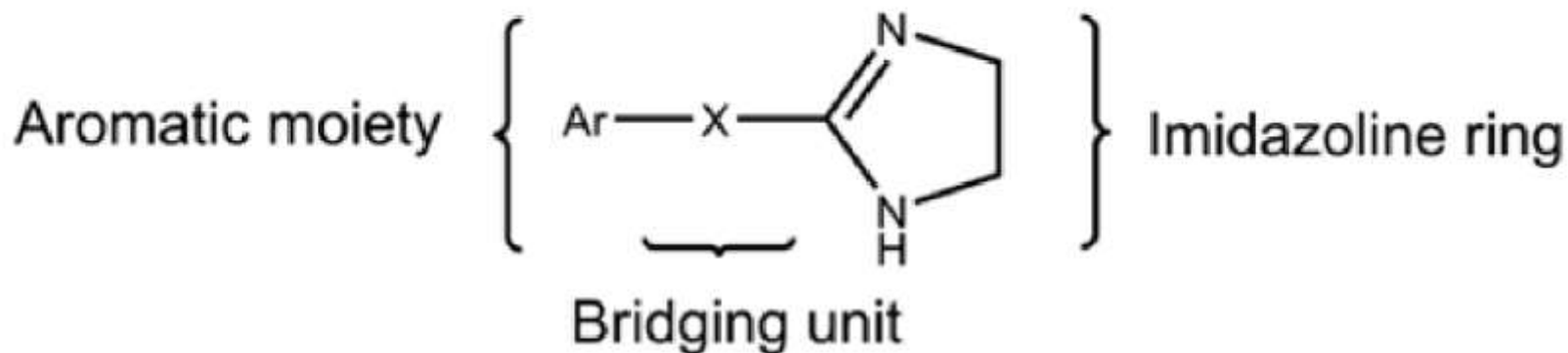


6. CAs without OH Groups

- loss of direct sympathomimetic activity becomes indirectly sympathomimetics
- not metabolized by COMT, and they are orally active and have longer DOA
- e.g. amphetamine



SAR (imidazoline)

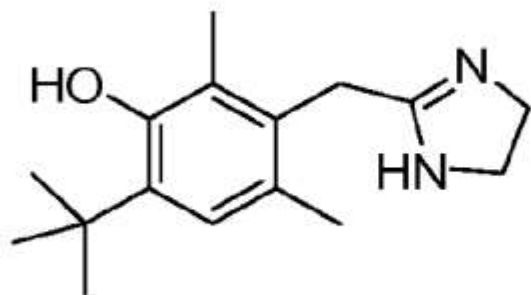


1. bridging unit (X)

X = usually CH₂ (α_1 agonists) or NH (α_2 agonists)

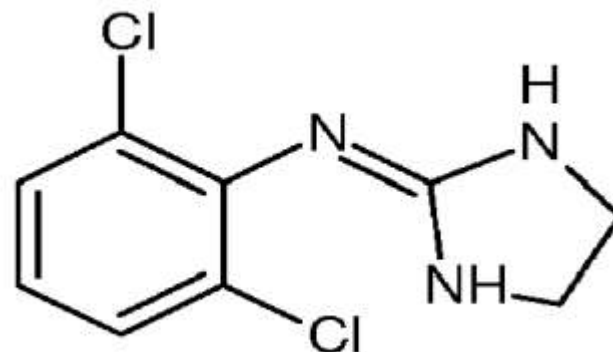
- usually a single methylene group [are 2-Arylimidazoline derivatives] & a amino group [2-Aminoimidazoline derivatives].

e.g. Oxymetazoline



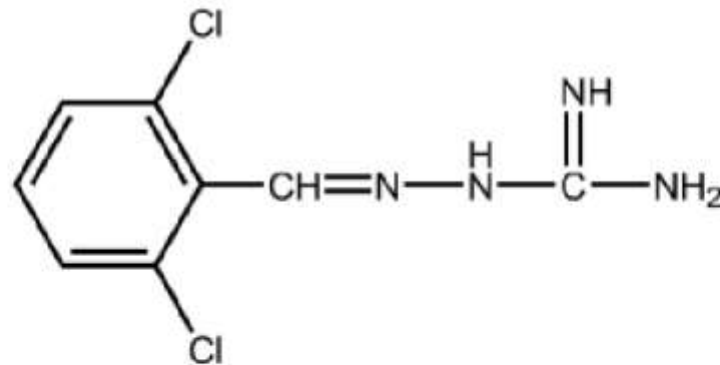
&

Clonidine



2. Imidazoline ring

- open-ring imidazolines that are highly active α_2 -agonists.



Guanabenz

3. aromatic ring

- agonist **activity is enhanced** when the aromatic ring is substituted with halogen substituents like chlorine (Cl) or small alkyl groups like methyl group, particularly when they are placed in the two *ortho* positions.