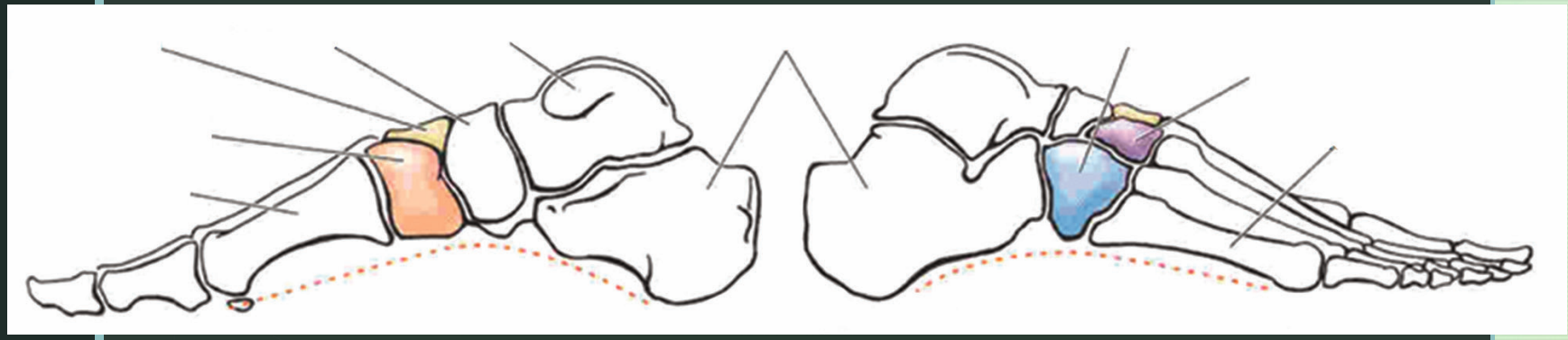
Ayak patolojileri
epin calcanei, peplanus, pescavus, parmak patolojileri, hallux valgus

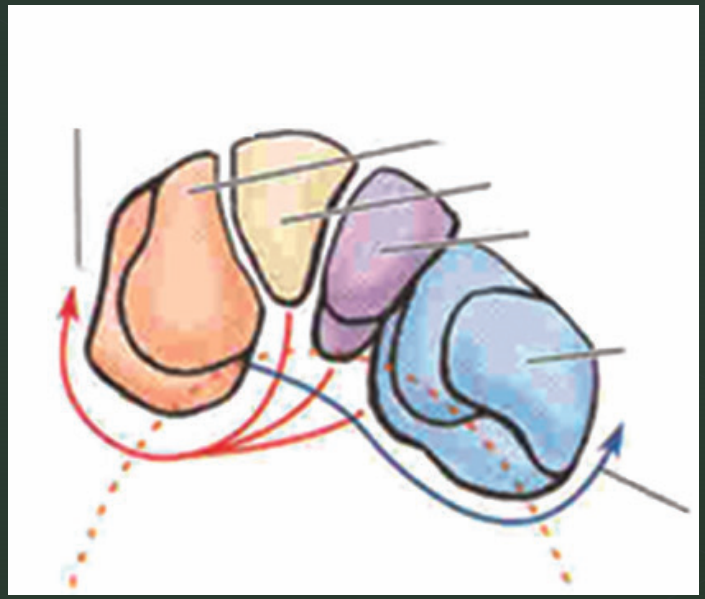
10. Hafta

Prof.Dr. Serap Alsancak

Arkları etkileyen kaslar?

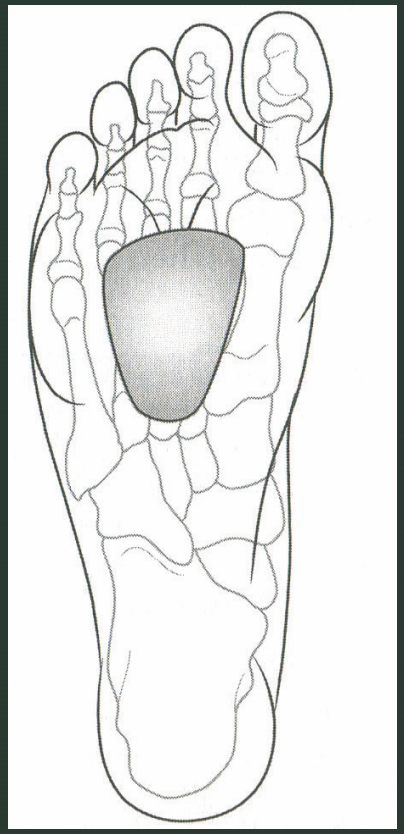


m. tibialis anterior
m. tibialis posterior
m. peroneus longus
m. flexor hallucis longus

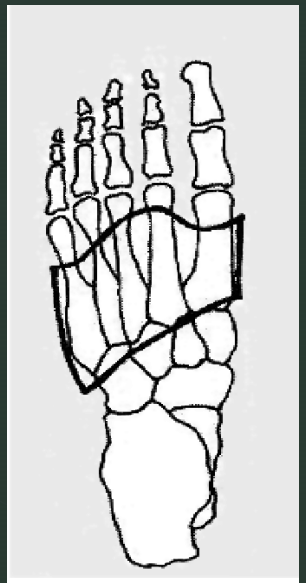


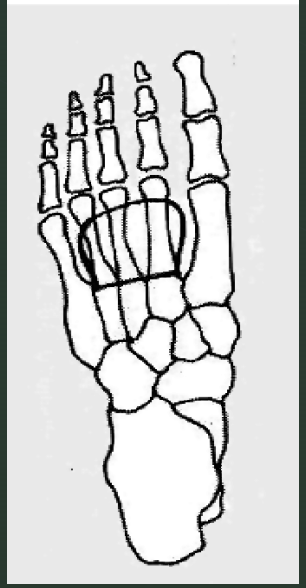
Ark düşüklük ve yükseklik değerlendirmesi

Ayak izi değerlendirme

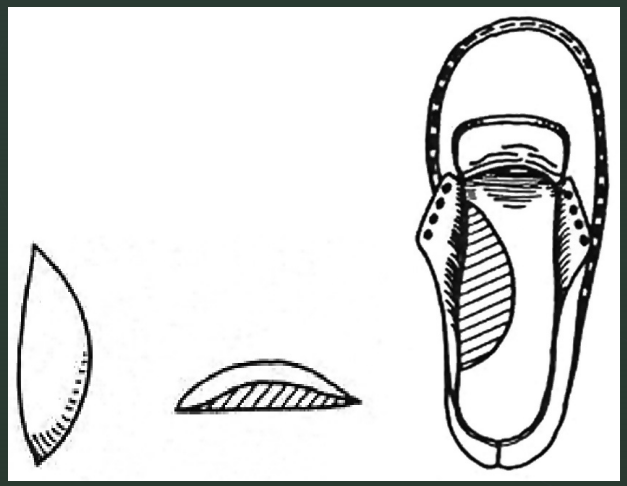


Ark destek bölgeleri ve desteklerin özellikleri



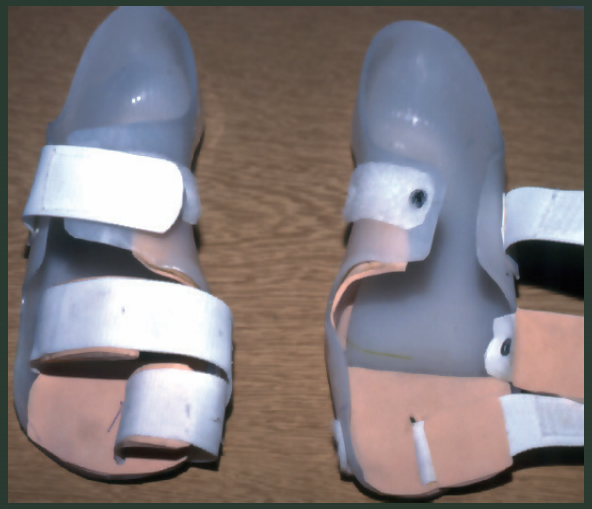


Ark takviyelerinin ayaktaki yerleşim alanları sabit ve portatif uygulamalar ve özellikleri

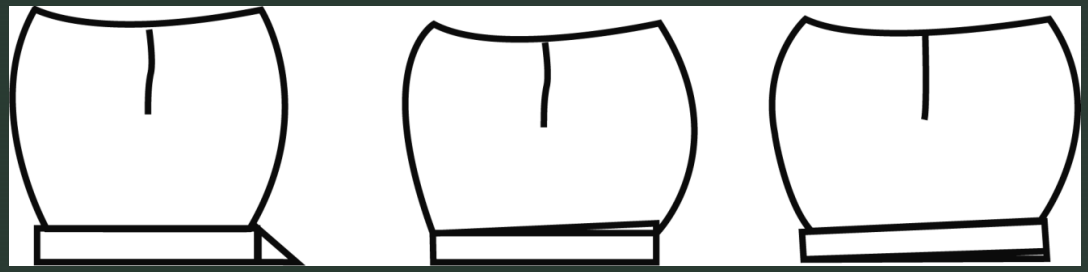


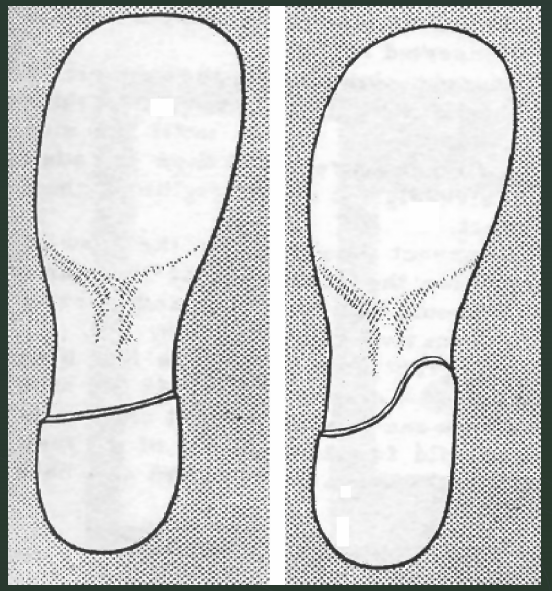
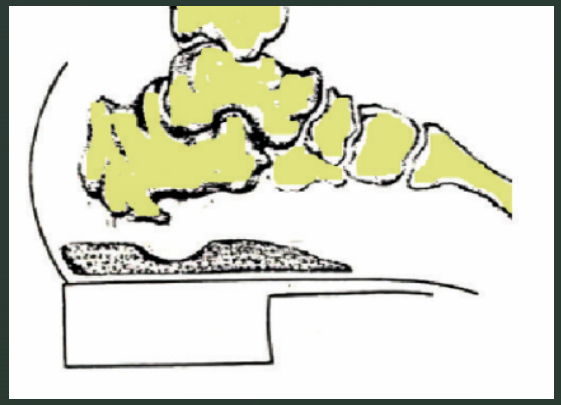
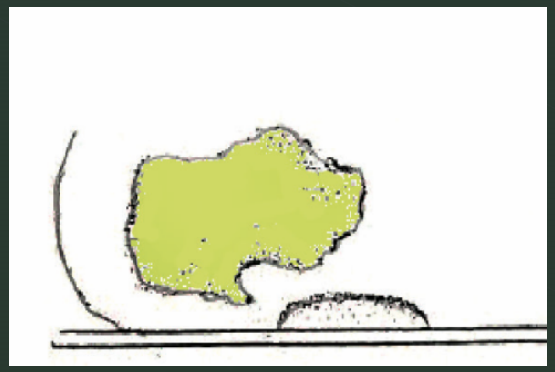
Takviyenin genişliğiayak genişliğinin 2/3'ünü kaplar, yüksekliği 6-9 mm arasındadır. Bu takviyeler sabit veya portatif olarak uygulanır

Hallux valgus 3PPS ile korreksiyonunda farklı tip ortotik yaklaşımlar ve korrektif kuvvetler ?



Calcaneal valgus/varus





Calcaneal epin