



Pharmaceutical Care

Ankara University
Faculty of Pharmacy

Definition

- At least 5 symptoms must be present within the same 2-week period

1 Interest	2 Sleep	3 Appetite
4 Depressed	5 Concentration	6 Activity
7 Guilt	8 Energy	9 Suicidal



Treatment Options

- SSRIs
- SNRIs
- NRIs
- TCAs
- MAOIs



Selection of Antidepressants

- *Some examples:*
- Previous drug response history
- Overdose safety
- Negative impact profiles



Treatment Phases

- Acute phase: 3 months
- Continuation phase: 4-9 months
- Maintenance phase: Variable



Patient Counselling

- *Pregnancy*
- The balance between benefits and risks should be evaluated
- Maternal depression and its consequences on the fetus



Categories

- *SSRI pregnancy categories*
- Sertraline (Cat. C)
- Citalopram (Cat. C)



Education

- Serotonin syndrome
- Drug-drug interactions