



Pharmaceutical Care

Ankara University
Faculty of Pharmacy



Deprescribing

- Discontinuation of drugs with the patient/family
- Systematically and intentionally
- Withdrawal, gradual reduction/release or dose reduction



Risks and Benefits

- *Some examples:*
- Benefit
 - To prevent possible damages caused by polypharmacy
- Risk
 - Drug withdrawal reactions



Examples of Medications

- *Some examples:*
- PPI
- Antipsychotics
- Statins



Main Steps

- Identify all medicines and their causes
- Consider the risk of drug-related damage
- Comparison of future damage or load potential
- Choose the one with the lowest benefit-loss ratio
- Watch patients closely



Polypharmacy

- Use of 5 or more medications (no standard definition)



Reasons

- *Some examples:*
- Many comorbidities
- Acute health problems



Lifestyle Changes

- *Some examples:*
- Prevent home accidents
- Nutrition and water intake