

QARDIOARM: THE SMART BLOOD PRESSURE MONITOR

QardioArm is a clinically validated, portable blood pressure monitor. QardioArm is the smart way to measure and track your systolic and diastolic blood pressure and heart rate. This device was developed in collaboration with physicians and clinical tests were conducted to prove its measurement accuracy.

Qardio offers a better way of tracking heart health that fits effortlessly into your life. Our devices are powerful and smart, have a beautiful design with a delightful user experience so you can use them anytime, anywhere.

With its ease of use and accuracy, QardioArm is ideal for monitoring your blood pressure in your home, office or wherever is convenient for you.

Please read through these instructions carefully so you understand all functions and safety information. We want you to be happy with your QardioArm. If you have any questions, problems or suggestions, please contact Qardio's Customer Service at support.getqardio.com, or visit our website www.getqardio.com for more information.



INTENDED USE

QardioArm is a fully automatic, non-invasive, wireless blood pressure monitor. QardioArm is a blood pressure measurement system intended to measure the systolic and diastolic blood pressures and pulse rate of an adult individual. QardioArm utilizes an inflatable cuff that is wrapped around the upper arm. This device is not intended to be a diagnostic device. Contact your physician if hypertensive values are indicated. The cuff circumference is limited to 8.7in -14.6in (22cm-37cm).

PACKAGE CONTENTS

- QardioArm blood pressure monitor
- Four AAA alkaline batteries, already pre-installed in the QardioArm
- User Manual
- Quick Guide

REQUIREMENTS

- QardioArm requires a device with:
- Bluetooth 4.0
 - iOS 7.0 or later
 - Android 4.4 “KitKat” (or later)
- And works with:
- iPhone, iPod, iPad and Apple Watch
 - Android Phones and Tablets

IMPORTANT SAFETY INFORMATION

Please read the User Manual carefully before using the QardioArm blood pressure monitor. In the case of pregnancy, arrhythmia or arteriosclerosis, consult your doctor before use.

In order to use your QardioArm blood pressure monitor, you must download the free Qardio App from the Apple App Store or Google Play, or go to www.getqardio.com